

ACNT

AUSTRALASIAN COLLEGE OF NATURAL THERAPIES

2007 PROSPECTUS



- ❖ **Our mission** is to provide quality natural health and beauty education and to prepare our students for a fulfilling professional career. We are committed to upholding our tradition of providing excellence in natural health and beauty education.



4 ACNT Celebrates 25 Years	
6 Degree Pathways	
8 Student Facilities	
10 ACNT Student Training Clinics	
11 Flexible or Fixed	
12 Student Payment Options	
14 International Students	
17 English Training	
18 Accreditation	
20 Natural Medicine Courses	
22 Employer Focus - Blackmores	
24 Student Interviews	
25 Graduate Interviews	
26 Advanced Diploma of Naturopathy	
27 Advanced Diploma of Western Herbal Medicine	
27 Advanced Diploma of Homoeopathy	
28 Advanced Diploma of Applied Science (Nutrition)	
29 Diploma of Nutrition	
30 Advanced Certificate in Nutritional Sciences	
31 Advanced Certificate in Iridology / Certificate in Iridology	
32 Manual Therapies Courses	
34 Employer Focus - Steiner Leisure	
36 Student Interviews	
37 Graduate Interviews	
38 Diploma of Integrated Body Therapies	
39 Diploma of Remedial Massage and Spa Therapy	
40 Diploma of Remedial Massage	
41 Diploma of Sport (Athlete Support Services)	
	42 Diploma of Aromatherapy
	43 Certificate IV in Aromatherapy
	43 Certificate IV in Massage
	44 Beauty Therapy Courses
	46 Employer Focus - Voyages Hotels and Resorts
	48 Student Interviews
	49 Graduate Interviews
	50 CIDESCO
	51 Advanced Diploma of Natural Beauty and Spa Therapy
	52 Advanced Diploma of Natural Beauty, Spa and Aromatherapy
	53 Advanced Diploma of Natural Beauty, Spa and Nail Therapy
	54 Distance Education Courses
	54 Distance Education Course Facilities and Support
	56 Graduate Interview
	57 Advanced Diploma of Naturopathy
	58 Advanced Diploma of Western Herbal Medicine
	58 Advanced Diploma of Homoeopathy
	59 Advanced Diploma of Applied Science (Nutrition)
	60 Diploma of Nutrition
	61 Certificate IV in Aromatherapy
	62 Advanced Certificate in Nutritional Sciences
	62 Postgraduate Advanced Certificate in Sports Nutrition
	63 Advanced Certificate in Iridology / Certificate in Iridology
	64 Terms and Conditions
	65 Enrolment Form

HOW TO USE THIS PROSPECTUS

Welcome to ACNT's new web-enabled Prospectus. This Prospectus should be used in conjunction with the ACNT website. Information such as module lists, pricing, virtual tours and timetables are all available online at www.acnt.edu.au



The mouse symbol appears throughout this Prospectus to indicate a web-link.

Reference Key

For an easy reference, each Course Information box contains the following key:



Entire course available by Distance Education



Degree pathways available
Please refer to page 6



Course available for International Students



Modules from course available by Distance Education



Austudy, Abstudy and Youth Allowance Approved

ACNT Celebrates 25 Years



In 2007 ACNT Celebrates 25 years! This is a long way from humble beginnings in Bondi Junction 25 years ago to the current ten storey campus spread across two buildings in Surry Hills.

ACNT is always expanding and improving facilities and reaching 25 years in the industry is an achievement which the founders are very proud of. It was only last year that two more floors were added and were officially opened by Mr. Brad Hazzard, MP, Shadow Minister for Education who likened ACNT's journey through Sydney to the "progression and acceptance of natural therapies in Australia and an increase in demand for courses in natural medicine from the wider community".

In the 1970s Freida Bielik, Principal and founder of ACNT spent many years of sleepless nights at the local hospital with her son, Danny, who battled severe asthma for many of his early childhood years.

Freida and her husband Peter were at a loss as to how to treat their son's health and through word of mouth were referred to an osteopath who had been treating asthma sufferers for many years.

This osteopath treated Danny throughout his childhood and the results were astounding. Today he is no longer a sufferer of asthma and after a management career spanning Asia, Europe and the USA, in 1998 joined ACNT and is now the Managing Director.

Freida was inspired so much by this form of medicine that she went on herself to study osteopathy, chiropractic and naturopathy. Once qualified, Freida started a small practice in Bondi. In 1982, along with her husband Peter, ACNT, then known as the Eastern Suburbs College of Natural Therapies, was formed in modest premises in Bondi Junction, NSW.

The College then consisted of one classroom and four treatment rooms in an office building near the Bondi Junction train station. Quickly outgrowing the premises the College moved to Double Bay where Freida and Peter ran a range of successful massage weekend workshops. Demand for these courses was so high that it was soon necessary to look for larger premises and so the College moved to occupy an entire floor of an office building in Ultimo. Originally half the floor in Ultimo was sublet however ACNT had to completely resume the area within weeks as the College started its new Naturopathy programme. After leasing another floor in the same building, then additional space in a building across the street, it was soon time to move again.





The building in Bay Street, Broadway seemed huge in comparison to the space the College occupied in Ultimo, with plenty of room for a clinic, dispensary, larger classrooms, a common room and a rooftop terrace. Little did they know this would soon be insufficient with demand for ACNT's courses growing at an astonishing rate. The ACNT Student Clinic then moved to its present position in a federation house in Glebe to alleviate the space problems. However room was still an issue so the College temporarily rented premises across the street before moving to the current eight storey building in Foveaux Street, Surry Hills.

In 2004 ACNT added two significant new facilities at Surry Hills. The new Spa Therapy Training Facility is a day spa in a classroom providing an unparalleled training environment allowing ACNT students to take advantage of the booming industry. Another new addition in 2004 was 'Nourish – ACNT Café and Bookstore', helping to nourish the bodies and minds of eager ACNT students and staff.

In 2006 ACNT expanded its horizons once again when the extension of two additional floors of the building next door were officially opened by Mr Brad Hazzard. This extension dramatically increased two levels of ACNT not only adding more classrooms and offices but also allowing for extended café, bookstore and library facilities.

After 25 years, ACNT is not only one of the largest colleges of natural medicine and beauty therapy in the world, it is also one of the most respected private educational providers recognised by many world wide organisations, universities and industry associations.

Freida's faith in natural medicine was so great that she not only believed that it could cure her son, it became her dream to educate others in natural medicine. This has successfully been achieved through establishing ACNT and her strong involvement in the natural therapies industry today, including serving as Vice President of the Australian Traditional Medicine Society (ATMS).

We hope this true life story inspires you the way it inspired Freida and her family.

ACNT is always expanding and improving facilities and reaching 25 years in the industry is an achievement which the founders are very proud of.

Message from the Principal

Twenty five years ago I could never have imagined how ACNT would grow into the thriving college that it is today. I am so proud of all ACNT's staff and their commitment to the College over the years.

Natural therapies have grown so much during the past three decades and I personally feel honoured to be driving something so amazing and life changing. With the high calibre of therapists entering the natural therapies field each year, I am sure that our blooming industry will continue to grow with strength and vigour.

We believe that our success over the last 25 years is due to our superior academic programmes with a strong emphasis on the scientific approach, combined with the natural therapies philosophy of treating the whole person rather than a symptom.

On behalf of the Board of ACNT, the staff and faculty I warmly welcome you to Australasian College of Natural Therapies. We wish you all the very best in your future career.

Freida Bielik, DO, DC, ND
Principal,
Vice President –
Australian Traditional Medicine Society



••• Degree Pathways



International College of Management, Sydney

CRICOS Provider 01484M

The International College of Management, Sydney (ICMS) was established in 1996. In the last decade, it has established a proven track record of providing its students with an educational experience of the highest quality in an environment that prepares them for the demands of their future career.

ACNT in Sydney have teamed up with ICMS to offer Australia's first spa and hospitality management pathway leading to a degree issued by Macquarie University. In first year, students may study any of the 'ACNT Pathways to ICMS', and then progress to complete two years of hospitality training at ICMS.



Upon successful completion students receive the relevant diploma from ACNT and a Bachelor of Business

Administration specialising in Hospitality Management from Macquarie University. Students completing the beauty stream also complete the internationally recognised CIDESCO Diploma.

The uniqueness of the ACNT/ICMS program is that specialised institutions are delivering the training that they are best known for. ACNT has some of the world's best facilities for training spa therapists spread between the main building in downtown Sydney and the student clinic in Glebe.

ICMS is based in a historic building surrounded by 20 hectares of parklands and has extensive campus facilities, offering an authentic hotel environment.

ACNT PATHWAYS TO ICMS

Pathways to Bachelor of Business Administration specialising in Hospitality Management

- > Advanced Diploma of Natural Beauty and Spa Therapy
- > Advanced Diploma of Natural Beauty, Spa and Aromatherapy
- > Advanced Diploma of Natural Beauty, Spa and Nail Therapy
- > Diploma of Remedial Massage and Spa Therapy

Australian College of Applied Psychology

CRICOS Provider 01328A



ACNT graduates of the Diploma of Sport (Athlete Support Services) have the opportunity to continue their studies at the Australian College of Applied Psychology (ACAP) to give them a real competitive edge to an industry that is competitive by nature. The Diploma of Sport (Athlete Support Services) at ACNT is a comprehensive massage qualification and is designed to equip the students with the necessary skills to enter the diverse world of sport.

On completion of the Diploma of Sport (Athlete Support Services), graduates will receive advanced standing for the first

year in Bachelor of Applied Social Science specialising in Sport and Performance at ACAP.

The Bachelor of Applied Social Science responds to industry demands for graduates who can work effectively with people, who understand and can use practical and theoretical social science, and who can think critically and analytically. Drawing on the theory and methods of sports psychology, the Sport and Performance specialisation emphasises the integration of the mental and emotional skills needed to elicit peak performance. Particular attention is paid to stress and performance, self-esteem and motivation, and health psychology. Graduates with the combination of Remedial Massage, Sports/Athlete Management and Applied Social Science skills will be highly regarded as managers in the Sporting Industry.

ACNT PATHWAY TO ACAP

Pathway to Bachelor of Applied Social Science

- > Diploma of Sport (Athlete Support Services)





Charles Sturt University

CRICOS Provider 00005F



Charles Sturt University (CSU) is one of the leading Australian universities for graduate employment. A survey conducted by the Graduate Careers Council of Australia in 2005 found that 84.5% of graduates were in full-time employment at the end of their studies at CSU.

ACNT has arrangements with CSU for several courses. On completion of the relevant courses graduates may apply to CSU for entrance into the Bachelor of Health Science (Complementary Medicine) degree using the ACNT qualification to gain advanced standing.

CSU in collaboration with ACNT are also proud to offer a unique programme combining two qualifications into one three-year programme – the Bachelor of Clinical Practice (Paramedic). Year one will be studied at ACNT in Sydney, years two and three will be taught in Bathurst, NSW.

This is a fantastic opportunity to gain multiple qualifications in related areas, enabling graduates of this joint programme a unique skill set for a career with sporting teams or in the medical environment. Students will acquire the knowledge and skills to apply for employment as ambulance officers in paramedic and emergency care settings in any state of Australia and overseas. They will also be taught to deal with a wide range of musculoskeletal problems utilising basic and advanced massage techniques such as trigger points and sports injury treatments.

Charles Sturt University has a Memorandum of Understanding (MoU) with the largest ambulance provider in Australia, the Ambulance Service of New South Wales (ASNSW). Graduates are not only actively recruited from this programme by the ASNSW but by several other ambulance services as well. Upon successful completion of the Diploma part of the course at ACNT, students will then be qualified to practice as a massage and/or sport massage therapist whilst studying the final two years of their course.

ACNT PATHWAYS TO CSU

Pathways to Bachelor of Health Science (Complementary Medicine) degree;

- > Advanced Diploma of Naturopathy
- > Advanced Diploma of Western Herbal Medicine
- > Advanced Diploma of Homoeopathy
- > Advanced Diploma of Applied Science (Nutrition)
- > Diploma of Nutrition
- > Diploma of Integrated Body Therapies
- > Diploma of Remedial Massage and Spa Therapy
- > Diploma of Remedial Massage

Pathway to Bachelor of Clinical Practice (Paramedic) degree or Bachelor of Health Science (Complementary Medicine) degree;

- > Diploma of Sport (Athlete Support Services)





Computer Room

ACNT has up to date computer facilities equipped with flat screen monitors available to all ACNT students in the comprehensive library. The computers are connected to ACNT's high bandwidth backbone and use high speed Internet facilities. These facilities are all provided free of charge to ACNT students.

Wireless Internet Access

For students with their own notebook computers, ACNT offers high speed wireless Internet access. Access is free of charge and is available in most areas of the Surry Hills campus. Please contact the library for a configuration sheet.

Library/Media Room

The expansion of ACNT's library has allowed for a far more comprehensive reference library of natural medicine and beauty therapy texts also available in DVD format. Students may utilise ACNT's library/media room for study and research purposes. These facilities are provided free of charge to ACNT students and the library is open Monday to Friday during semester.

Nourish – The Magazine of ACNT

Nourish with its fresh, vibrant look was launched in May 2005 and includes interviews with ACNT graduates, timetables, clinic information including price lists, upcoming courses and general information about the happenings at ACNT. Nourish is available from reception or in PDF format from www.acnt.edu.au/downloads or email marketing@acnt.edu.au to subscribe and receive a copy in the mail.

Herbal Medicine & Aromatherapy Manufacturing Room

ACNT has a new dedicated Herbal Medicine and Aromatherapy Manufacturing Room. Students will use the brand new facilities as part of the relevant professional courses.

Dispensary

ACNT's Glebe Student Clinic has a well equipped dispensary which includes herbal fluid extracts, homoeopathic remedies, Bach Flowers and Australian Bush Flower essences. Students may use this dispensary under the guidance of the clinic supervisors. A number of 'practitioner only' ranges of vitamins are available at a reduced rate for the benefit of students and patients.

Common Areas

Common areas are provided at the Surry Hills campus for students' comfort with facilities including microwaves, refrigerators, student notice boards, lounges, chairs and tables. Students of ACNT are welcome to eat and drink in these areas, undertake some quiet study or find an area to relax between classes.





Online Student Centre

One of the great developments over the last few years has been the Online Student Centre. The Student Centre is a phenomenal resource available to ACNT students studying any course and contains links to news and course information. There are also links to professional associations, libraries, magazines, journals, bookshops and other links pages.

The Online Student Centre is available at www.acnt.edu.au/students

Student Portal

ACNT's Student Portal allows students to check their own academic records, fee balances and change contact details over the Internet from anywhere in the world. Using the Student Portal, ACNT students are able to gain access to information faster than ever before without waiting for invoices or academic transcripts to arrive in the mail. Best of all, ACNT provides this service free of charge to all students.

ACNT Online Café (Bulletin Boards)

ACNT's online bulletin boards allow students and lecturers to interact with each other outside of class hours. This tremendous interactive tool has proven vastly to improve the learning experience of students. ACNT has made the bulletin boards accessible to students of any college around the world, free of charge, to encourage exchange of ideas and knowledge and enhance global communication amongst tomorrow's practitioners. The ACNT Online Café is available from the Online Student Centre at www.acnt.edu.au/students

ACNT Job Finder

Two of the most frequent questions potential students ask are "What will I be able to do with my qualifications when I graduate?" and "How easily will I be able to find work after I finish my course?" ACNT's Job Finder was created in 1998 and has proven to be a valuable service to students, graduates and employers alike. Updated on a daily basis, you will discover an array of working opportunities both local and international. Many of ACNT's graduates have been employed by well known industry leaders such as Blackmores, Brauers Pharmaceuticals, GNC LiveWell, Voyages, Chiva Som (Thailand) and Steiner Leisure.

Nourish – ACNT Café and Bookstore

Nourish - ACNT's Café and Bookstore located on level one of the Surry Hills campus is a great place to meet friends or take a break in bright, comfortable, aroma filled surroundings. Nourish is your one stop shop for healthy, nutritious food, textbooks, general reading and stationery needs.

Online Store

ACNT has its own online store enabling students to purchase course notes, books and products from Nourish securely over the internet. Please visit www.acnt.edu.au/nourish

Bicycle Racks

ACNT provides bicycle racks in the car park at the Surry Hills campus. These bicycle racks are for the exclusive use of ACNT students and staff and are provided on a space available basis for non-motorised bicycles only.



❖❖❖ ACNT Student Training Clinics

❖❖❖ ACNT Wellness Centre



*"I liked the **professionalism** of ACNT and the Student Clinic. Given that I was coming from a corporate background this was important to me and I also wanted to ensure that I got my qualifications from a credible institution that would be recognised in Australia and around the world."*

Jane Hills

ACNT Graduate

ACNT believes that graduating students should be provided with thorough clinical training in order to prepare them for their future professional life. To this end, students enrolled in all professional courses are required to complete their clinical hours at ACNT's Student Clinics. Students at the Clinics treat patients using therapies such as remedial massage, aromatherapy, naturopathy, nutrition, homoeopathy, herbal medicine, iridology, reflexology, spa therapy and natural beauty therapy, under the supervision of qualified clinic supervisors. Throughout their clinic training programme, skilled clinic supervisors monitor each individual student's progress, give tutorials and teach students how to record clinical data and professionally to liaise with their patients and clients. The Clinics are a most enjoyable and enlightening experience for ACNT students and many thousands of satisfied clients can attest that they are delighted with the facilities and the attention that they receive at the Clinics. Three hours free parking is available at the Broadway Shopping Complex, located two minutes walk from the Clinic in Glebe.

A wide range of beauty and spa treatments are on offer including facials, waxing, manicures, pedicures, Vichy shower treatments and body wraps. These treatments are all performed by supervised students and are offered at reduced rates. ACNT is very proud of its Clinics and are confident that students who wish to become professional practitioners of natural therapy and beauty therapy will be able to achieve this goal through the experience that they will gain from attending ACNT's 'finishing school'.

When students graduate from ACNT they are not only well versed in the theoretical aspect but also in practise, ensuring they are able confidently to join the natural and beauty therapy industries.

First Aid

All professional courses require first aid training as part of the course curriculum prior to commencing clinical training. Students who are required to complete the module SCI 146 – First Aid – Basic as part of their course may complete this at any approved training provider in NSW. First aid courses which meet the national competencies for the National Training Package HLTF1A will be recognised for courses requiring first aid training. As a convenience Re-VIVA First Aid and Resuscitation Training delivers this module on ACNT premises. Fees are additional and must be paid directly to Re-VIVA. Information on Re-VIVA courses can be found at ACNT reception.

Gift Vouchers

Gift vouchers for ACNT Student Clinics make a fabulous gift and are sure to please! Gift vouchers are available from either of the Clinics or from ACNT's website at www.acnt.edu.au/clinic





Flexible or Fixed

The Choice is Yours



At ACNT there are so many choices to study natural therapies and beauty therapy. There is a very wide range of courses available and students have the flexibility to create a timetable to suit their lifestyle.

Fixed Programmes

This refers to courses that have a structured timetable and are organised so that the modules run consecutively i.e. the modules are run one after the other on the days attended. This option is convenient for most people as it reduces the number of days it is necessary to attend and quite often is the quickest way to complete a course.

Mixed Mode – New to 2007

This refers to courses that have a structured timetable with a twist. Mixed Mode is a combination of distance education and on-campus evening and weekend classes. Designed to eliminate the extra pressures of full-time or part-time commitments, Mixed Mode is a hassle free timetable and offers a realistic structure for full-time workers looking to further their education.

Flexible Delivery

This refers to the ability of students at ACNT to complete a course at their own pace. This offers the ultimate in flexibility for busy people or those with unpredictable schedules. At ACNT Flexible Delivery students may pay module by module (this is a pay as you go system) or may pay the annual fixed course price which, in most circumstances, affords considerable savings. Students then sign up for one or more modules at a time with the ability to pick and choose from the times available for each of the modules.

Distance Education

Some modules and even entire qualifications can be completed by distance education and are ideal for people who wish to study from anywhere in the world. Students can choose to study some modules face to face and some by distance education.

How to Enrol

Students wishing to enrol for any professional course must send in a completed enrolment form together with the deposit noted for the specific course.

Enrolments are also accepted over the Internet. Please visit the Online Enrolment Centre at www.acnt.edu.au/enrol where the secure form can be used to enrol directly, or print an enrolment form which may be faxed or mailed to ACNT.

Students applying for a professional course must have completed their high school matriculation examination or be eligible for mature age entry, i.e. aged 21 years or over at course commencement date. Students who are under the age of 18 at the commencement of a course require an interview with ACNT.

Fixed Programme and Mixed Mode

A course must be selected from the Prospectus or from the ACNT website. Then, choose from the range of optional session times available from the timetable in 'Nourish – The Magazine of ACNT' or from the ACNT website. Then complete an enrolment form or enrol online at www.acnt.edu.au/enrol

Flexible Delivery and Distance Education

Select a course from the Prospectus or from the website. Then, choose the modules to study first and the appropriate sessions to attend (or choose to study the module by distance education – if available). A course advisor can help with this process and the selection of modules. When more modules are required, please complete a Module Sign-Up form available from ACNT or from www.acnt.edu.au/downloads

A course advisor is always available to guide students through the options available on (02) 9218 8888 or by e-mail at info@acnt.edu.au

"ACNT has a prestigious reputation in the industry and is highly regarded as the best college for beauty therapy training with excellent facilities. I wanted to make sure that I was studying with the best the industry has to offer!"

Jaselle Uy
ACNT Student



Student Payment Options



ACNT offers a range of ways to finance a course that will allow students to either complete a course debt free or avoid the Government's huge imposts. ACNT has many different methods to assist with the payment of fees.

These facilities are just another way that ACNT is making natural therapies and beauty therapy education more accessible to the Australian community.

Pay Fees In Confidence

ACNT students have the added confidence that the fees of both Australian and international students are well protected by Australia's largest body of private education providers, the Australian Council for Private Education and Training (ACPET), through their Australian and Overseas Students Tuition Assurance Schemes (ASTAS & OSTAS).



Payment Option 1 - Prepay and Save

This is an ideal way for students to pay their course fees before they commence study with ACNT and even receive a discount. This payment option is available to students wishing to prepay a professional course. This option is only available to students studying face to face on campus, studying professional courses where the fixed programme duration is one year or more.

- > Prepay and Save payments are only accepted by direct debit or by credit card
- > No ACNT service fee is payable
- > The first payment of the Prepay and Save plan must be paid in addition to the \$450 deposit for the course, in order to commence the plan
- > Payments will be deducted fortnightly
- > No cheques or over the counter payments will be accepted
- > Students who prepay the entire course fees from two months or longer prior to the commencement of the course will receive a 5% discount off the total cost of the course, or a 5% discount off the annual cost of the course for courses longer than one year

- > Students who prepay the entire course fees from two weeks to two months prior to the commencement of the course will receive a 3% discount off the total cost of the course, or a 3% discount off the annual cost of the course for courses longer than one year

Payment Option 2 - Annual Payment

Students must pay the entire annual course fee, two weeks or more prior to the commencement of a professional course. Students using this payment option will receive a 5% discount which will be deducted from the fixed course price. This discount is only available to students studying face to face on campus, studying professional courses where the fixed programme duration is one year or more and is only available to students who are NOT participating in a Prepay and Save plan (Payment Option 1).

Payment Option 3 - Semester Payment

Where a course has a duration of one year or more, two payments of 50% of the fixed price of the course must be made. Each payment must be received two weeks prior to the commencement of each semester. This option is only available to students studying face to face on campus, studying professional courses where the fixed programme duration is one year or more.





Payment Option 4 - Pay While You Study

ACNT offers Pay While You Study plans to students for a variety of courses. Pay While You Study allows for regular payments to be made throughout a student's course and are available to Australian students for most professional courses, subject to an approval process being successful. Terms and conditions apply and charges are payable. Please contact the Student Finance Officer for details.

- > Payment for Pay While You Study is accepted by direct debit or by credit card and a service fee is charged
- > The first payment of Pay While You Study must be paid in addition to the \$450 deposit for the course in order to commence the plan
- > Six equal fortnightly payments will be deducted for each semester of study
- > No cheques or over the counter payments will be accepted
- > Penalties will be incurred for late or missed payments, and/or cancellation
- > Withdrawal from the course will necessitate immediate and full payment of any remaining payments

This option is only available to students studying face to face on campus, studying professional courses where the duration is one year or more. This option is not available to international students.

Payment Option 5 - Module by Module Payment

Students may pay for each module within their course as they progress, paying for modules one at a time.

The entire cost of a course may be higher than paying the fixed course price using this option, however no additional fees or charges are payable and no approval process is required. Please see the module price list at the back of this Prospectus or contact a course advisor for further details. This option is not available to international students.

- > Students may pay for each module up to two weeks prior to the commencement of each module according to the module prices at the back of this Prospectus
- > Students may not change from this Module by Module payment to any other method of payment after three modules of a course have been started

Deferred Student Loan

The National Australia Bank's Tertiary Student Package (TSP) loan is for students who are over 18 years of age and are studying full time and allows students to borrow between \$2,000 and \$20,000 to cover the cost of fees.

This loan is available to ACNT full time students who are either Australian citizens or permanent residents. Terms and conditions apply and fees are payable.

For more details please contact the National Australia Bank on 13 22 65. Please apply to the bank at least one month prior to course commencement as ACNT cannot hold places pending loan approval.



International Students



ACNT has many courses that are approved by the Australian Government for the acceptance of international students. ACNT is host to hundreds of international students, from countries as diverse as Canada, the USA, the UK, Thailand, Indonesia, New Zealand, Sweden, Japan, Korea, Hong Kong, China, Malaysia, Germany, Italy, Brazil, the Czech Republic, the Netherlands and Singapore.

ACNT assists international students as much as possible and can be contacted by telephone, email and by fax. All enquiries will always receive a prompt response. ACNT has dedicated email addresses for overseas students – overseas@acnt.edu.au (English language), japan@acnt.edu.au (Japanese language) and korea@acnt.edu.au (Korean language).

ACNT also has a web page specifically designed for overseas students at www.acnt.edu.au/international. Updated information about enrolment procedures can be found here, as well as links to various Government departments and a page detailing the addresses and telephone numbers of all the Australian Embassies, Consulates and High Commissions around the world.

Studying in Sydney, Australia

Sydney is one of the most beautiful cities in the world, centred around the world's most celebrated harbour. There are hundreds of things to see and do in Sydney when not studying. ACNT is eight minutes by train from the airport, five minutes by train from the Harbour Bridge, Opera House, Circular Quay, The Rocks, Darling Harbour and three minutes from the Queen Victoria Building and the rest of Sydney's outstanding shopping district. ACNT is also walking distance from the largest Chinatown in the southern hemisphere.

Australia's beaches and wildlife are well known around the world and Australia is increasingly becoming better known for its excellent food, fine wines, sporting prowess, science and technology leadership and world class education system. Add this to a relaxed outdoor lifestyle and agreeable weather and it becomes apparent that Sydney is clearly one of the top cities in the world for international students.

Cost of Living

Australians enjoy one of the highest standards of living in the world. The relatively modest cost of living in Australia is one of the main contributing factors to our high standard of living. The Australian Government commissioned a study to compare the cost of studying in Australia to other countries and found that the total cost of studying in Australia (including tuition fees and living expenses) is consistently lower than that of the United States and the United Kingdom (source: Commonwealth Department of Education, Science and Training).

Accommodation

A wide variety of high standard accommodation is available in Sydney. As it is located close to Central Station, ACNT is convenient to just about every suburb of Sydney.

Accommodation may be found in three main categories: homestay, individual or share accommodation. ACNT can assist students with their accommodation requirements as well as organise pick up and welcome at Sydney International Airport. Bookings may be made through ACNT. For further information please email overseas@acnt.edu.au

Fees and Payment

Please note that all fees are charged in Australian Dollars. In all correspondence with ACNT the use of Australian Dollars will be assumed unless otherwise noted.

Fees for each course are outlined on the relevant website pages. Fee payment for international students is slightly different than for Australian students. International students must pay a \$450 enrolment fee when enrolling at ACNT in addition to the course fees.

When enrolling, a minimum of one half year's fees must be paid, in addition to the \$450 enrolment fee to ensure class placement. If the duration of the course is six months or less the entire course fees plus the \$450 enrolment fee must be paid in full at the time of enrolment.





COURTESY TOURISM NEW SOUTH WALES



ACNT subscribes to the Overseas Tuition Assurance Scheme (OSTAS) run by the Australian Council for Private Education and

Training (ACPET) to ensure the protection of international student fees.

Fees may be paid in person, by mail, telephone or over the Internet. ACNT accepts cash, cheques from Australian banks, Visa and MasterCard. Cash and cheques must be in Australian Dollars.

ACNT will also accept international bank drafts in Australian Dollars. A bank should be able to assist with this.

Please include additional funds to pay for the receipt of the money transfer. For assistance with international money transfers please contact ACNT.

Overseas Student Health Cover (OSHC)

International students studying in Australia must have private health insurance as a condition of a Student Visa. Australia's national health system, Medicare only covers Australian citizens and permanent residents.

OSHC fees are paid to ACNT at the time of enrolment. The cost of the OSHC differs depending upon the duration of a course. At the time of printing, the cost of single cover for one year is \$342 and \$171 for six months, however please check with ACNT for the most up to date information.

There may be exemptions to the payment of OSHC for students from Norway and Sweden. Please check with ACNT for details before applying.

Finance for British Citizens

UK citizens may be eligible for financial assistance from the UK Government. ACNT is registered with the UK Department for Education and Skills as a Learning Provider. Please contact ACNT for more information.

English Proficiency

All courses at ACNT are taught in the English language. ACNT courses require a high level of proficiency in written and oral English.

ACNT requires students to demonstrate an English proficiency equivalent to an IELTS score of 6.0. ACNT has partnered with some of Sydney's premier English language colleges to assist students who may not have sufficient English language capabilities, refer to page 17 for details.

Visas

With the exception of New Zealand citizens, all people wishing to enter Australia require a visa or Electronic Travel Authority (ETA) before arriving in Australia. New Zealand citizens are issued with a visa on arrival.

International students enrolling before arriving in Australia must apply to the Australian Government for a Student Visa. Student Visas allow students to reside in Australia for the duration of their course.

Once in Australia, students may apply for permission to work up to 20 hours per week during semester and unlimited time during holidays. Application is made to the Department of Immigration and Multicultural Affairs and a fee is payable.

Issuance of a visa or work permit is at the discretion of the Federal Government.

Please refer to the 'How to Enrol' section on page 16 for more information.

It is a requirement of a Student Visa that students advise ACNT immediately if they change their Australian contact details. Where students fail to satisfy course requirements relating to attendance or academic performance, ACNT is required to send a notice informing students of this to the student's last known residential address. If this address is not current, automatic Student Visa cancellation could occur without notification. Such cancellation may not be revoked if it has occurred where students have failed to keep the provider informed of their address.

Information about Student Visas can be found on the website of the Department of Immigration and Multicultural Affairs website at www.immi.gov.au

School Age Dependents

Australia prides itself on having one of the highest quality education systems in the world. International students who intend to come to Australia with school age dependents are required to pay the full fees for school age dependents for their schooling at either a government or non government school.

New Zealand Citizens

At ACNT New Zealand citizens follow the same enrolment procedure as Australian students. New Zealand citizens are exempt from applying for a Student Visa and OSHC requirements and may study any course. New Zealand citizens pay the same enrolment fee as Australian students.





How to Enrol

Enrolment at ACNT is the first step before applying for a visa. A student can enrol at ACNT by fax, mail or over the Internet. A printable enrolment form can be downloaded at www.acnt.edu.au/downloads or enrol electronically at www.acnt.edu.au/enrol

To enrol a minimum payment of one half year's fees for the course together with the \$450 enrolment fee, plus funds for the compulsory OSHC is required.

Japanese and Korean Course Advice

Course advice is available in both Japanese and Korean.

- > 日本語でのコースに関するお問い合わせは japan@acnt.edu.au に eメールしてください。
- > 한국어로 된 코스안내를 위해서는 korea@acnt.edu.au로 이메일하십시오.

Toll Free Numbers

ACNT can be called toll free from some countries. Please note that course advisors are available during normal office hours in Australian Eastern Standard Time (AEST), Monday to Friday.

- > USA 1 866 257 3290
- > UK 0800 028 9931
- > New Zealand 0800 446 589

From other countries please call +61 2 9218 8888 (call charges apply) or e-mail overseas@acnt.edu.au

Courses Available for International Students

ACNT has a number of full-time, nationally accredited courses which have been approved for the acceptance of international students.

Course	Duration	Page
Advanced Diploma of Naturopathy	3 years	26
Advanced Diploma of Applied Science (Nutrition)	2 years	28
Diploma of Integrated Body Therapies	1 year	38
Diploma of Remedial Massage and Spa Therapy	1 year	39
Diploma of Remedial Massage	1 year	40
Diploma of Sport (Athlete Support Services)	1 year	41
Diploma of Aromatherapy	1 year	42
Certificate IV in Aromatherapy	15 weeks plus clinic	43
Certificate IV in Massage	15 weeks plus clinic	43
Advanced Diploma of Natural Beauty and Spa Therapy	1 year	51
Advanced Diploma of Natural Beauty, Spa and Aromatherapy	1 year	52
Advanced Diploma of Natural Beauty, Spa and Nail Therapy	1 year	53

If alternative visa arrangements are able to be made, international students may be eligible to study other courses. Please check with International Student Recruitment at ACNT.





English Language Training Add-on Courses

ACNT has teamed up with some of Australia's foremost authorities in English language training.

Students whose first language is not English can complete English language training prior to entry into their chosen ACNT course. The entire enrolment process can be completed through ACNT.

ACNT can assist students to choose the English language programme that is best suited to their existing language skills, and can help to organise a smooth entry into an ACNT course.

To determine what level of English language training is required, please contact ACNT at overseas@acnt.edu.au

- > 日本語でのコースに関するお問い合わせは japan@acnt.edu.au に eメールしてください。
- > 한국어로 된 코스안내를 위해서는 korea@acnt.edu.au 로 이메일하십시오.



Australian Centre for Languages
CRICOS Provider 00031D
www.aclenglish.com

With 18 years of experience teaching international students, ACL specialises in English for Academic Purposes courses that provide Direct Entry to many of Australia's leading universities and colleges. ACL also offers General English as well as internships in a variety of industries. ACL provides an exciting international study environment, with impressive learning centre and computer facilities, located in an historic building close to Sydney Harbour and the city centre.



ASPECT ILA
CRICOS Provider 00042A & 01165D
www.aspectworld.com

The Aspect Group comprises 24 colleges in Australia, New Zealand, UK, Ireland and the USA. Aspect ILA Sydney started in 1989 and has grown into one of the premier language learning schools in Australia. A strong academic base matched with a communicative style has students learning English and enjoying the experience. Aspect College occupies a six level building in the Sydney CBD (approximately ten minutes walk from ACNT).



GEOS St Mark's
CRICOS Provider 00045J
www.geos-sydney.com.au

GEOS St.Mark's Sydney is a member of GEOS corporation and has been teaching English since 1973. The college offers English language programmes, great accommodation options and a busy social calendar offering a complete life experience. GEOS St Mark's attracts students from over 30 different countries enabling students to make friends with like-minded people and enjoy discovering everything Sydney has to offer.



Universal English College
CRICOS Provider 00053J
www.uec.edu.au

Universal English College (GV Sydney) is regarded as one of Sydney's leading English language schools with over 16 years of experience in the industry. The college is recognised for the quality of its educational programmes, its professional services, its facilities, and most of all its attention to students' individual needs. Universal English College offers an excellent range of programmes including three levels of English for Academic Purposes (EAP).



The Australian College of English (ACE)
CRICOS Provider 00289M
www.ace.edu.au

The Australian College of English (ACE) is well known all over the world for the quality of its English language and teacher training programmes. ACE was established in Sydney in 1981, making it the longest established independent English language college in Australia. Students successfully graduating from ACE's Academic English courses with the required grades can gain direct entry into ACNT courses without the need for an IELTS score. ACE has three conveniently located campuses in Sydney.



Sydney English Language Centre CRICOS Provider 00051M
www.selc.com.au

SELC is an international language school, with students who come to study English from over 30 countries. Famous for more than 20 years for its quality education and great atmosphere, it is 10 minutes from the world-famous surf of Bondi Beach and, in the other direction, the busy cosmopolitan area of Sydney's CBD.

SELC offers a range of interesting courses for all levels from beginner to advanced including English for Academic Purposes and Cambridge Preparation. Students have access to all modern language learning facilities and can take part in an exciting social program in their free time.



Embassy CES
CRICOS Provider 01682E
www.embassyces.com.au

Embassy CES Sydney campus is located in Australia's most cosmopolitan, dynamic, yet relaxed city. It is one of more than 20 Embassy CES schools worldwide. Students chose to study with us because they know that the Embassy CES global brand has a reputation for quality and for putting the needs and expectations of our students above all else. Our Darlinghurst Sydney campus shares its facilities with Martin College and Charles Sturt University Study Centre and is a vibrant and energetic learning hub for both international and Australian students.



Access Language Centre
CRICOS Provider 01738E
www.access.nsw.edu.au

Access Language Centre is conveniently located only one block from Sydney's Central Station and is around the corner from ACNT. Courses include General English, Academic English, IELTS Preparation, and English for Work. Access specialises in work experience programmes such as Internship and Work & Study and its central location allows students to combine work with study. The IELTS Preparation and Academic English courses are designed to improve students' levels of IELTS within a short period of time.



Pacific Gateway International College
CRICOS Provider 02137M
www.pacificgateway.net

Pacific Gateway offers a wide range of intensive study programs such as English Communication Program, Business English, IELTS & English for Academic Purposes, TOEIC Preparation, Cambridge Exam Preparation, TESL program, International Business Skills and Power Speaking. After school students also have the opportunity to take part in different workshops that help them to improve their English. Workshops include Australian Conversation Club, Movie Club, Reading Club, Grammar and Accent Reduction.

❖❖❖ Accreditation



In 1993 ACNT was the first College in NSW to gain VETAB accreditation for the full time Advanced Diploma of Naturopathy course. This accreditation was a major breakthrough for the natural therapies profession.

ACNT has since gained accreditation for many professional courses. Many courses are also Austudy, Abstudy and Youth Allowance approved.

ACNT programmes are also recognised by many Australian and international associations. Whilst there are many associations in Australia covering a variety of natural and beauty therapy professions ACNT has chosen to associate only with the most reputable.

In 2003 ACNT became the first natural therapies college in the world to become a CIDESCO International School. Founded in 1946 with its head office in Zurich, Switzerland CIDESCO is represented in over 33 countries. The CIDESCO Diploma is the world's most prestigious qualification in the field of aesthetics and beauty therapy.

ACNT also offers international diploma certification in a number of therapies through the International Therapists Examination Council (ITEC) based in London, UK and the International Federation of Aromatherapists (IFA) based in London, UK.

Associations and Educational Bodies

Australia

- > Association of Massage Therapists
- > Association of Professional Aestheticians of Australia (APAA)
- > Association of Remedial Masseurs (ARM)
- > Australian Beauty Therapy Examining Board
- > Australian College of Applied Psychology (ACAP)
- > Australian Council for Private Education and Training (ACPET)
- > Australian Natural Therapists Association (ANTA)
- > Australian Traditional Medicine Society (ATMS)
- > Charles Sturt University
- > Commonwealth Register of Institutions and Courses for Overseas Students (CRICOS code 00220K)
- > Homeopathic Association of NSW (HANSW)
- > International College of Management, Sydney
- > Lymphoedema Association of Australia

- > National Herbalists' Association of Australia (NHAA)
- > NSW Vocational Education and Training Accreditation Board (Institution code 90410)

Canada

- > Association of Massage Therapists and Wholistic Practitioners

United Kingdom

- > British Complementary Medicine Association (UK)
- > British Lymphology Society
- > Federation of Holistic Therapists (UK)

United States of America

- > American Association of Drugless Practitioners (USA)

International

- > International Federation of Aromatherapists (IFA)
- > Comité International D'Esthetique et Cosmetologie (CIDESCO)
- > International Therapists Examination Council (ITEC and ITEC Professionals)





Industry Support and Acknowledgements

ACNT wishes gratefully to acknowledge the support and contributions made by the following organisations:

- > Alternative Health Business Solutions
- > Australian College of Applied Psychology
- > Blackmores Professional Services
- > Brauer Biotherapies
- > Bullivants
- > Charles Sturt University
- > Doctors Formula
- > Eagle Pharmaceuticals
- > Firm-n-Fold
- > GNC Livewell
- > International College of Management, Sydney
- > International Dermal Institute
- > Jurlique
- > Life-Span
- > Lions Soccer Club
- > Martin and Pleasance
- > Mancine Laboratories
- > Manly Warringah Community College
- > MediHerb
- > Metagenics
- > Nature and Health Magazine
- > North Sydney Bears Rugby League Club
- > Phytomedicine
- > Phytology
- > Royal Hospital for Women
- > Select Botanicals
- > Steiner Leisure
- > Sydney Football Club
- > Sydney Swans Football Club
- > The International Dermal Institute
- > University of New South Wales
- > Voyages Hotels and Resorts

"Now more than ever our profession is under constant scrutiny. The reason for this is because our expertise is needed now more than ever. Thus it is important that our education providers offer exemplary standards of education. ACNT has been at the forefront of providing this standard for many years. However there is no resting on laurels. ACNT strives to improve each year and the end result of this is practitioners who graduate with the best possible preparation to face the satisfying role of being a practitioner in primary health care."

Bill Pearson – President, Australian Traditional Medicine Society





Natural Medicine

Contents

- 22 Employer Focus
- 24 Student Interviews
- 25 Graduate Interviews
- 26 Advanced Diploma of Naturopathy
- 27 Advanced Diploma of Western Herbal Medicine
- 27 Advanced Diploma of Homoeopathy
- 28 Advanced Diploma of Applied Science (Nutrition)
- 29 Diploma of Nutrition
- 30 Advanced Certificate in Nutritional Sciences
- 31 Advanced Certificate in Iridology / Certificate in Iridology





❖ Top Five Reasons to Study Natural Medicine at ACNT

1. ACNT has degree pathways to established Australian universities enabling students and graduates to further their education.
2. ACNT offers an exceptionally high quality of curriculum with a strong emphasis on human health sciences creating highly educated practitioners who are sought after by the industry's leading companies.
3. ACNT has affiliations with many highly regarded associations recognised both nationally and internationally. These relationships open up a world of opportunities for ACNT students and graduates.
4. ACNT students studying naturopathy will gain additional qualifications in nutrition, western herbal medicine, homoeopathy and iridology ensuring that graduates are highly educated in all modalities of natural medicine.
5. ACNT places a high emphasis on clinical training. ACNT's Student Training Clinics are second to none with specialist equipment and first class clinical facilities.



Employer Focus



Blackmores



IMAGES COURTESY OF BLACKMORES



"There is nothing more natural than good health – that's the message my father and our company, Blackmores, have been delivering for more than 70 years. I believe education and accreditation are vital to our industry's credibility and growth. For over 20 years, Australasian College of Natural Therapies has contributed to raising standards, training people and building links between those individuals and organisations who have an interest in a more natural approach to health. I am proud that Blackmores has had such a long association with you."

Marcus Blackmore
Chairman, Blackmores Ltd.

Blackmores began in the 1930s in Queensland, Australia and was the vision and passion of Australia's pioneering naturopath, Maurice Blackmore. The company is customer-focussed and inspires people to take control of, and invest in, their health and wellbeing. Blackmores is a leader in developing and marketing products, both consumer and practitioner-only brands, and services that deliver a more natural approach to health based on expertise in vitamins, minerals, herbs and other nutrients.

The core belief of taking a holistic approach to managing one's health is evident in many of the activities the company undertakes in supporting staff and the community. As an example, Blackmores Naturopathic Advisory Service is staffed by qualified naturopaths and has taken more than 55,000 calls from consumers, health professionals and pharmacy staff over the past year as well as responding to more than 10,000 email requests for health advice.

The company is strongly committed to research and development. An expanded research program is progressing rapidly with continued support for many studies and trials for the efficacy of both existing products (for further conditions) and products on the drawing board.

Blackmores has been listed as one of the top employers in Australia, winning a Hewitt Best Employers Award for 2005. As a company Blackmores has long recognised the importance of retaining high quality staff and keeping the workforce motivated and passionate. Career development and training within the company is strongly supported.





IMAGE COURTESY OF BLACKMORES



An Interview with Pam Stone, Director of Education, Blackmores

What can ACNT graduates expect when starting work with Blackmores?

ACNT graduates can expect to work with like minded people who are committed to promoting and applying the principles of naturopathy.

Where can they work?

Qualified naturopaths are employed in several departments within the company, including Education and Advisory, Professional, New Product Development, Technical, Sales and Scientific Affairs.

What is the quality of ACNT graduates?

ACNT graduates working at Blackmores display a professional approach and demonstrate a high standard of knowledge of natural therapies.

What are the career prospects for graduates?

ACNT graduates who take up a role within Blackmores can find excellent career opportunities in different areas of the company. Our Naturopathic Advisory Service employs qualified naturopaths in either part or full time roles, our Training Department offers opportunities to develop a career in training people at all levels, from healthcare professionals such as GPs, pharmacists, naturopaths, to trade and consumer training.

Naturopaths are employed in our Professional Department, in Product Development and technical areas as medical writers and in sales roles.

Additional qualifications in business or marketing would also place a graduate in an excellent position to take on roles in other areas of the company. Blackmores employs more naturopaths than any other company in the world.

Is there anything else that you would like to add?

Blackmores places the highest importance on education, as we strive to motivate people to take control of their own health and wellbeing. We applaud the emphasis of ACNT in providing quality educational programs, to equip graduates with skills and direction that will allow them to lead fulfilling professional lives, to make a positive difference to the health of others, and to assist in establishing natural healthcare solutions as the first choice for all Australians.

*“ACNT offered, and still continues to offer a more **science based** course, which I see as essential for working in healthcare. Studying at ACNT has enabled me to follow my career path of choice. The sheer breadth of study offered has given me the scope I needed to specialise and to **develop** my skills early on in my career.”*

Alison Bull
ACNT Graduate
Product Development
Technical Support
Blackmores



Name: Rosaria Nithart

What course are you studying?

Advanced Diploma of Applied Science (Nutrition). I also plan to study the Advanced Diploma of Naturopathy.

Why did you decide to do your course?

I wanted to have a career change after more than 15 years spent in corporate business. Last year I strongly felt that I wanted to offer my life a new start, and to have a more interesting career. Nutrition is the basis of everything and I have always been interested in it; I deeply believe that we are what we eat. If only people were more aware of what they eat, there would be far less diseases.

Are you enjoying your course?

Yes, a lot.

Why did you choose ACNT?

Last summer my husband came back home from the Australian Embassy in Paris with an ACNT Prospectus. I would have never imagined how much my life could have changed in such a short time!

What career do you have in mind when you have completed your course?

I have plenty of ideas about my professional future. It will depend upon many things. However, if I go back to Europe I would like to practise as a nutritionist and naturopath. Another interesting project would be that of teaching young children and their families about the importance of nutrition, I believe it is extremely important that they understand the need of having a healthy diet. The sooner healthy nutrition habits are taken the better for the whole family. Nutrition is prevention and many serious conditions could be greatly avoided with a little effort and more information.

What were you doing before you decided to study?

I worked as Personal Assistant for many international companies in Italy and France.

How has studying at ACNT changed your life/career direction?

Completely, 100%! And the best thing is that once you get started studying natural therapies, you never want to stop studying! This is such a fascinating area and there are so many interesting therapies to learn that the only wish is to increase your knowledge as much as possible.

What is the best part of studying at ACNT?

There is such an international environment, and lecturers are very competent and highly qualified. It is extremely interesting for students to be in touch with therapists who not only share their knowledge and passion with us but also their daily experience as naturopaths and nutritionists. Other interesting aspects are the variety of modules offered by ACNT and the flexibility, thanks to which students can upgrade their courses very easily.



Name: Paul J Stout

What course are you studying?

Advanced Diploma of Naturopathy.

Why did you decide to do your course?

After a back injury and being out of work for three years I needed to study to get a respectable job. I have always been interested in natural remedies rather than modern day medicine. I thought there must be a better way than just treating the symptom. I had been on pain killers and disliked taking them as they were only covering the problem and not curing it. I wanted to get back to basics without the side effects.

Why did you choose ACNT?

After looking around ACNT were more organised and more professional. I found the ACNT course offers more qualifications when you graduate.

What career do you have in mind when you have completed your course?

I'd like to start my own business as a naturopath. Ideally I would like to manage a practice, something similar to a medical centre where patients could be treated by naturopaths, homeopaths, massage therapists and a G.P. A place where patients can come and be looked after and receive the best treatment possible which covers all aspects of medicine.

Are you enjoying your course?

Yes. The second year was the toughest. In the end though it all comes together.

What were you doing before you decided to study?

Prior to my back injury I was a Computer Analyst Programmer for Qantas.

How has studying at ACNT changed your life/career direction?

It has motivated me to look at my own health, my family's health and to help others.

Anything else you'd like to add?

Herbal medicine has its place, as does homeopathy, massage and modern day medicine. The idea is that we all come together and find the best possible cure for the patient.





Name: Alison Bull

What course did you study?

Advanced Diploma of Naturopathy (BHS Naturopathy).

Why did you decide to do your course?

Naturopathy has been my career of choice from about the age of twelve. I had worked in the industry since I was 14, so it was a natural progression to become a qualified Naturopath.

Why did you choose ACNT?

ACNT offered, and still continues to offer a more science based course, which I see as essential for working in healthcare.

When you started your course did you have a career in mind?

I started in 1999 and always thought I would love to practise. Throughout the progression of my course I discovered that there was potential for me to also work in research, which sparked an interest in pursuing this avenue down the track.

Where do you work?

I currently work in a multidisciplinary clinic as a consulting Naturopath at Healthwise Clinic North Sydney. I also hold a technical role in the Research and Development Department at Blackmores Ltd.

Do you enjoy your career?

I love the mix of research and practise, I never get bored as there is always something new I can try both in practise and when formulating for a new product.

What were you doing before you decided to study?

I had just completed a degree in Psychology.

How has studying at ACNT changed your life/career direction?

Studying at ACNT has enabled me to follow my career path of choice. The sheer breadth of study offered has given me the scope I needed to choose to develop my skills in a specifically early on in my career.

What do you aim to do in the future?

I will continue to mix both practice and research and development, however, consolidation of my psychology background with naturopathy is the future direction for my clinical practice.

What is the best part of your job/career?

The rewards of work are intellectual, spiritual and communitarian nature. The opportunity to make a difference to people on an individual level and also for a wider population, while also being at the forefront of a rapidly growing area of research is very fulfilling.



Name: Jeff Niewenhuizen

Jeff is the Holistic Health Manager at Chiva Som International Health Resort in Thailand.

What course did you study?

I studied an Advanced Diploma of Naturopathy at ACNT finishing back in 1999. Since then I've been in Thailand.

Why did you decide to do your course?

I'd always been interested in healing especially through diet. After seven years in the police force I thought that a change in career was worth looking at, so after a year of travelling I thought I would give natural therapies a go. I had some knowledge of what naturopaths did so I looked into it and chose that direction.

Why did you choose ACNT?

I was travelling in Thailand at the time when my sister sent some prospectuses to me. I had a look at a few different colleges and ACNT sounded good and it was easy for me to get to since my family are in Wollongong.

What position do you hold at Chiva Som?

At present I'm the Holistic Health Department Manager, answering to the Health and Wellness Director. Originally I came in 1999 as a locum naturopath for six weeks whilst the naturopath at the time, another ACNT graduate, Stephanie Lawler, went on holidays.

I returned in 2000 on a full time contract. Since that time I've moved more into managing the whole Holistic Health Department. I now manage a number of holistic therapists specialising in bodywork, nurses, including those specialising in colonic hydrotherapy, a number of doctors, chiropractors, acupuncturists as well as the therapy side of our five naturopathically trained Health and Wellness Advisors.

Are you enjoying your job?

It's inspirational as Chiva Som is regarded the best destination resort in the world. On the therapist side it's hard to beat, there's not many other places where a naturopath can get free reign to add in treatments and therapies as we have done here; last year we added bioterrain testing along with live blood analysis, trained by one of the most knowledgeable practitioners in the UK.

Do you believe your training at ACNT assisted you in this opportunity?

I think the commitment that ACNT has to providing strength in all the naturopathic modalities has been invaluable. The cross section of skills and abilities of naturopaths to think laterally across modalities has enabled a comprehensive approach to health which means that we have been able to raise our standards here, improving many areas with only a limited ability to increase staff. I don't think I could have implemented a number of things without the assistance of our five naturopaths.

Advanced Diploma of Naturopathy

NTIS CODE HLT60502



COURSE CODE: 6NP

Course Information

Nominal Duration:

Fixed Programme:
Three years full time

Flexible Delivery
and Part Time Options:
Consult course advisor

(CRICOS Code 044543E)

Qualifications Awarded

Nationally Recognised
Training Qualifications:

Advanced Diploma of Naturopathy
(HLT60502)

Advanced Diploma of Western
Herbal Medicine (HLT60102)

Advanced Diploma of
Homoeopathy (HLT60602)

Diploma of Nutrition (40112SA)



Additional Information

Complete module list and more
detailed information available at
www.acnt.edu.au/6NP

Please refer to the key on page 3



What is Naturopathy?

Naturopathy is an umbrella term that encompasses many forms of complementary and natural medicine modalities. A naturopath is a person who practices several of these forms or modalities and who also has a solid grounding in the medical sciences. The three major modalities within naturopathy are nutrition, homoeopathy and herbal medicine.

ACNT trained naturopaths are holistic practitioners who throughout this course will gain extensive knowledge in a variety of health sciences including chemistry, biochemistry, pathology, symptomatology, diagnosis and pharmacology. In addition to these health sciences a wide range of natural therapies subjects such as herbal medicine, nutrition, homoeopathy, iridology and other naturopathic modalities are also taught ensuring that ACNT graduates are highly regarded professionals.

Upon successful completion of this course graduates will be awarded the following qualifications: the Advanced Diploma of Naturopathy, the Advanced Diploma of Western Herbal Medicine, the Advanced Diploma of Homoeopathy and the Diploma of Nutrition.

The modules may be studied face to face or by distance education, or a combination of the two.

Degree Pathway

Graduates of this course may upgrade to a Bachelor of Health Science (Complementary Medicine) degree through ACNT's arrangement with Charles Sturt University.

Please refer to page 7 for more details.

Clinic Training and First Aid

Advanced Diploma of Naturopathy

Please contact a course advisor for clinic hours. This course requires the completion of 'Apply Basic First Aid - HLTA1A'.

Advanced Diploma of Western Herbal Medicine

This course requires 250 hours of practical clinical training and the completion of 'Apply Basic First Aid - HLTA1A'.

Advanced Diploma of Homoeopathy

This course requires 250 hours of practical clinical training and the completion of 'Apply Basic First Aid - HLTA1A'.

Please refer to page 10 for more information.

Course Inclusions

Students enrolling in the following courses will receive electronic notes:

- > Advanced Diploma of Naturopathy
- > Advanced Diploma of Western Herbal Medicine
- > Advanced Diploma of Homoeopathy

Printed notes may be purchased from 'Nourish – ACNT's Café and Bookstore' or online at www.acnt.edu.au/nourish



Advanced Diploma of Western Herbal Medicine



NTIS CODE HLT60102



COURSE CODE: 6HM



Course Information

Nominal Duration:

Fixed Programme:
Three years part time

Additional Information

Complete module list and more detailed information available at www.acnt.edu.au/6HM

Please refer to the key on page 3



What is Herbal Medicine?

Herbalists are trained in the use of herbal medicines using a combination of hundreds of years of experience and modern scientific methods to help promote health and restore balance in disease. Herbalists believe that using complex herbs rather than isolated constituents ensures a much more effective and holistic treatment.

This course is based on the western herbal medicine tradition which reaches back to Greek and Roman times and beyond to Ancient Egypt. It covers the history and principles of herbal medicine and compares the traditions of the major

systems of Ayurvedic and Chinese medicine. Students will learn the principles of plant identification, actions, indications and prescriptions of hundreds of herbs, as well as how to manufacture a range of herbal preparations.

Degree Pathway

Graduates of this course may upgrade to a Bachelor of Health Science (Complementary Medicine) degree through ACNT's arrangement with Charles Sturt University.

Please refer to page 7 for more details.

www.acnt.edu.au/6HM



Advanced Diploma of Homoeopathy

NTIS CODE HLT60602



COURSE CODE: 6HO



Course Information

Nominal Duration:

Fixed Programme:
Three years part time

Additional Information

Complete module list and more detailed information available at www.acnt.edu.au/6HO

Please refer to the key on page 3



What is Homoeopathy?

The central theme of homoeopathy is the principal of 'similia similibus curantur' which translates as 'like cures like'. Homoeopathy is a system of medicine that works by giving patients a dilute dose of a substance that in a cruder form would cause symptoms similar to that which the patient is experiencing. Homoeopathy has been used successfully on humans as well as animals.

The preparation of homeopathic medicine is a unique procedure with the medicines in some instances being diluted beyond a measurable level. At this point medicines increase their therapeutic potential with their side effects being simultaneously minimised.

This course is designed to take students from the most fundamental theoretical basis to a level of being a safe and competent homeopathic practitioner. Studies will focus on classic homeopathic principles including history and philosophy, intensive materia medica (the study of homeopathic medicines, case taking and prescribing), pharmacy, manufacturing of remedies, and clinical application.

Degree Pathway

Graduates of this course may upgrade to a Bachelor of Health Science (Complementary Medicine) degree through ACNT's arrangement with Charles Sturt University.

Please refer to page 7 for more details.

www.acnt.edu.au/6HO



Advanced Diploma of Applied Science (Nutrition)

NTIS CODE 40111SA



COURSE CODE: 6NU

Course Information

Nominal Duration:

Fixed Programme:

Two years full time

Flexible Delivery
and Part Time Options:

Consult course advisor

(CRICOS Code 052764C)

Additional Information

Complete module list and more detailed information available at www.acnt.edu.au/6NU

Please refer to the key on page 3



What is Nutrition?

Natural nutrition is an understanding of the metabolic pathways involved in the breakdown of ingested nutrients and how many disease states may be prevented by correcting the deficiency state using diet and vitamin, mineral and amino acid supplements.

This course is a more comprehensive version of the Diploma of Nutrition course with more advanced training in nutrition and diet related fields, health sciences, diagnostics as well as treatment modalities.

Some of the additional areas covered include nutritional management in renal, cardiovascular, gastrointestinal, endocrine and immune disorders, palliative care, pregnancy and paediatrics; diagnostic laboratory techniques, iridology, additional symptomatology and diagnosis modules as well as counselling. The additional treatment modalities include Bach Flowers, Australian Bushflowers and Schuessler Tissue Salts.

Clinical Training and First Aid

This course requires 250 hours of practical clinical training and the completion of 'Apply Basic First Aid - HLTFA1A'. Please refer to page 10 for more information.

Course Inclusions

Students enrolling in this course will receive electronic notes. Printed notes may be purchased from 'Nourish – ACNT's Café and Bookstore' or online at www.acnt.edu.au/nourish

Upgrade Pathways

Graduates of this course may upgrade to the following qualifications at ACNT, with advanced standing for modules already studied:

- > Advanced Diploma of Naturopathy
- > Advanced Diploma of Western Herbal Medicine
- > Advanced Diploma of Homoeopathy

Please contact a course advisor for more information.

Degree Pathway

Graduates of this course may upgrade to a Bachelor of Health Science (Complementary Medicine) degree through ACNT's arrangement with Charles Sturt University.

Please refer to page 7 for more details.





••• Diploma of Nutrition

NTIS CODE 40112SA



NSW Vocational
Education & Training
Accredited by the NSW
Accreditation Board

COURSE CODE: 5NU



Course Information

Nominal Duration:

Fixed Programme:
Two years part time

Flexible Delivery:
Consult course advisor

Additional Information

Complete module list and more detailed information available at www.acnt.edu.au/5NU

Please refer to the key on page 3



What is Nutrition?

Natural nutrition is an understanding of the metabolic pathways involved in the breakdown of ingested nutrients and how many disease states may be prevented by correcting the deficiency using diet and vitamin, mineral and amino acid supplements.

This course encompasses many aspects of natural nutrition and is designed to give graduates a thorough understanding of the human body in health and disease. It also involves the impact of nutritional intervention on the maintenance of health.

Students will gain a comprehensive scientific and traditional understanding of holistic nutrition through the study of human sciences such as anatomy, physiology, pathology, pharmacology, nutritional and dietary concepts. This together with clinical experience will enable students to apply nutritional assessment, dietary and supplemental intervention at a professional level.

Clinical Training and First Aid

This course requires 100 hours of practical clinical training and the completion of 'Apply Basic First Aid - HLTF1A1'. Please refer to page 10 for more information.

Course Inclusions

Students enrolling in this course will receive electronic notes. Printed notes may be purchased from 'Nourish – ACNT's Café and Bookstore' or online at www.acnt.edu.au/nourish



Upgrade Pathways

Graduates of this course may upgrade to the following qualifications at ACNT, with advanced standing for modules already studied:

- > Advanced Diploma of Applied Science (Nutrition)
- > Advanced Diploma of Naturopathy
- > Advanced Diploma of Western Herbal Medicine
- > Advanced Diploma of Homoeopathy

Please contact a course advisor for more information.

Degree Pathway

Graduates of this course may upgrade to a Bachelor of Health Science (Complementary Medicine) degree through ACNT's arrangement with Charles Sturt University.

Please refer to page 7 for more details.



Advanced Certificate in Nutritional Sciences

COURSE CODE: 2NU

Course Information

Nominal Duration:

Fixed Programme:
Six months part time

Flexible Delivery
and Evening Options:
Consult course advisor

Additional Information

Complete module list and more detailed information available at www.acnt.edu.au/2NU

Please refer to the key on page 3



What is 'Nutritional Sciences'?

This course is suitable for graduates of other professional courses who believe that a grounding in basic naturopathic nutrition would complement their other therapies. It is also designed for those students who require a knowledge of nutrition for the purpose of working within the health improvement industry, e.g. health food stores, health resorts, aerobic exercise centres and gymnasiums.

The course principally covers carbohydrates, proteins and fats, digestion, absorption and metabolism, advantages and disadvantages of the many foods people eat and diets for both therapeutic and everyday use.

Students who wish to become a fully qualified nutritionist will need to complete the Advanced Diploma of Applied Science (Nutrition) which is outlined on page 28 in this Prospectus.

Course Inclusions

Students enrolling in this course will receive electronic notes. Printed notes may be purchased from 'Nourish – ACNT's Café and Bookstore' or online at www.acnt.edu.au/nourish

Upgrade Pathways

Graduates of this course may upgrade to the following qualifications at ACNT, with advanced standing for modules already studied:

- > Diploma of Nutrition
- > Advanced Diploma of Applied Science (Nutrition)
- > Advanced Diploma of Naturopathy
- > Advanced Diploma of Western Herbal Medicine
- > Advanced Diploma of Homoeopathy

Please contact a course advisor for more information.



Advanced Certificate in Iridology / Certificate in Iridology



**COURSE CODE: 2IR (ADV CERT)
1IR (CERT)**



Course Information

Flexible Delivery:
Consult course advisor

Additional Information

Complete module lists and more detailed information available at www.acnt.edu.au/2IR or www.acnt.edu.au/1IR

Please refer to the key on page 3



What is Iridology?

Iridology is a form of diagnosis using the iris of the eye. The colours and markings of the iris reflect the state of the body making iridology a very useful diagnostic tool. Most naturopaths and allied health professionals use iridology when looking for areas of potential health weaknesses in a client; often something seen in the eye will confirm a diagnosis or suggest a new path of investigation.

At ACNT iridology is based on the Australian and German systems. Students will learn topics such as the history and principles of iridology, anatomy and physiology of the eye and associated structures, cause and interpretation of iris colours and the identification and interpretation of iris-sclera and pupil signs.

The iridology modules in the Certificate and Advanced Certificate of Iridology are identical, however the Advanced Certificate also contains additional modules.

Course Inclusions

Students enrolling in this course will receive electronic notes. Printed notes may be purchased from 'Nourish – ACNT's Café and Bookstore' or online at www.acnt.edu.au/nourish

Upgrade Pathways

Graduates of this course may upgrade to the following qualifications at ACNT, with advanced standing for modules already studied:

- > Advanced Diploma of Naturopathy
- > Advanced Diploma of Western Herbal Medicine
- > Advanced Diploma of Applied Science (Nutrition)
- > Diploma of Nutrition

Please contact a course advisor for more information.





❖ Manual Therapies

❖ Contents

- 34** Employer Focus
- 36** Student Interviews
- 37** Graduate Interviews
- 38** Diploma of Integrated Body Therapies
- 39** Diploma of Remedial Massage and Spa Therapy
- 40** Diploma of Remedial Massage
- 41** Diploma of Sport (Athlete Support Services)
- 42** Diploma of Aromatherapy
- 43** Certificate IV in Aromatherapy
- 43** Certificate IV in Massage





❖ Top Five Reasons to Study Manual Therapies at ACNT

1. ACNT has degree pathways with Charles Sturt University, the Australian College of Applied Psychology and the International College of Management, Sydney for manual therapy courses enabling students and graduates to further their education.
2. ACNT offers an exceptionally high quality of curriculum with a strong emphasis on sciences creating highly educated practitioners who are sought after by the industry's leading companies.
3. ACNT has affiliations with many highly regarded associations recognised both nationally and internationally. These relationships open up a world of opportunities for ACNT students and graduates.
4. ACNT offers one of the widest range of courses in manual therapies in Australia including the unique Diploma of Remedial Massage and Spa Therapy course. Exclusive qualifications such as this make ACNT graduates exceptionally employable.
5. ACNT places a high emphasis on clinical training. ACNT's Student Training Clinics are second to none with specialist equipment and first class clinical facilities.



Steiner Leisure



US-based Steiner Leisure is a global organisation that operates one of the largest networks of spas in the world. Their portfolio includes spas in cities and resorts around the world as well as the largest network of spas on cruise liners in the world.

Founded in 1901 by Herman Steiner in London, Steiner Leisure operates spas under many different brands including:

Elemis Day Spas – Includes spas in London, England, and Las Vegas, Connecticut and Florida in the USA.

Mandara Spas – an upmarket, luxury spa chain located mostly in major hotels in exotic locations such as Aruba, the Bahamas, Thailand, Fiji, Indonesia, Malaysia, Guam, Saipan, Tahiti, Moorea, Bora Bora and Hawaii. Mandara Spas at Sea operate spas on the deluxe Silver Sea Cruises, Norwegian Cruise Lines and Orient Line.

Steiner Spas at Sea – Steiner is the world's largest operator of spas on cruise ships, running over 100 spas for around 19 of the world's best known cruise lines including Carnival Cruise Line, Celebrity Cruises, Cunard Cruise Line, Disney Cruise Line, Holland America Lines, Orient Cruises, Princess Cruises, Radisson Seven Seas, Royal Caribbean Cruise Line and Windstar Cruises.

In order to operate these spas Steiner Leisure requires a veritable army of massage and beauty therapists. Steiner chooses to source their therapists only from the world's best colleges, including Australasian College of Natural Therapies (ACNT).

ACNT graduates are hand picked to attend Steiner's own training facility in London, England for rigorous training before being given their assignment, whether it be providing massage services in a land based spa in Bora Bora or providing beauty therapy services whilst sailing around the Caribbean.

IMAGES COURTESY OF STEINER LEISURE

"I will always be grateful to ACNT for being so professional and having such a comprehensive 'Job Finder' on their website. If it were not for this level of professionalism, I'm sure I would not have been considered for a world-class career and found such a wonderful journey to embark upon."

Natalie Lindenau
ACNT Graduate
Therapist, Steiner Leisure





An interview with **Janine Leagh**,
Recruitment Manager Australasia,
Steiner Leisure

What can ACNT graduates expect when starting work with Steiner?

Hard work! We put all our staff through an intensive three to six week training program in London, England prior to joining our five star spa teams. On joining a vessel staff can expect to work a five day week plus continuous training onboard. Our Spas run at the highest possible standard and our staff can expect to be part of the finest spa teams whilst travelling the world and getting paid for it!

Where can they work?

All over the world.

What is the quality of ACNT graduates?

ACNT graduates are of a high quality and work well within our five star environment.

What are the career prospects for graduates?

We have an excellent Management Training Program as well as many career opportunities such as Operations, land based resort spas worldwide, trainers, sales etc.

Is there anything else that you would like to add?

Ensure you sign up today to become part of the best industry in the world!



Student Interviews



Name: Marianne Gegeckas

What course are you studying?

Diploma of Sport (Athlete Support Services).

Why did you decide to do your course?

I have loved and played sports ever since I was a child.

Why did you choose ACNT?

ACNT had a tailor made course that suited me and I liked the fact that I was able to add other modules in addition to my course.

What career do you have in mind when you have completed your course?

I would like to become a sports massage therapist working with sporting people and teams.

Are you enjoying your course?

I love the course and the extra modules I am studying such as Australian Bush Flowers, Bach Flowers and Aromatherapy.

What were you doing before you decided to study?

I was a Personal Assistant for the past three years but the job didn't satisfy me. I was always looking for a career in natural health. After leaving my job I looked around at massage courses and found ACNT.

How has studying at ACNT changed your life/career direction?

The understanding of all the wonderful modules at ACNT has deepened my interest for health and wellbeing even more. Now I definitely know that being a massage therapist is the right path for me.

What is the best part of studying at ACNT?

Deepening my knowledge and meeting many great people!

Is there anything else you'd like to add?

I strongly recommend ACNT to others.



Name: Martin Roddis

What course are you studying?

Diploma of Integrated Body Therapies.

Why did you decide to do your course?

The diploma was so comprehensive it seemed to integrate so many of the subjects that I was interested in and would give me insights into many more that I didn't have a clue about. The comprehensive mix of different modalities, theoretical and practical based content seemed to provide a real balanced approach to the industry.

Why did you choose ACNT?

After extensive research I decided that the depth and quality of the course, together with personal recommendations, that ACNT was the best choice. There are other providers but the international reputation and flexible approach of ACNT made it the only real choice.

What career do you have in mind when you have completed your course?

I have just re-established contact with my old meditation teacher back in England who after finding out I was studying these modalities asked me to help him establish a cleansing centre in Bali.

Are you enjoying your course?

The course has been both enjoyable and informative and it's given me a real taste for education again after being out of the system for over 15 years. I believe that I will be back to ACNT to take up more courses and specialise more in some of the modalities I have only done the basics in.

What were you doing before you decided to study?

I managed my own IT business with offices in England and Australia working long hours and getting very little back in terms of job satisfaction.

How has studying at ACNT changed your life/career direction?

One year ago I did not plan on having a health business in Bali, and being the newest member of staff starting out in a new career. ACNT has given me the opportunity to stop and change the direction my life was going in.

What is the best part of studying at ACNT?

Apart from the great location, it has to be the degree of professionalism from the teaching team and their ability to impart their knowledge in a structured and practically focussed manner. The various subjects all seemed to just come together from studying anatomy and physiology to the practical application of that knowledge in class and in the Clinic.

Is there anything else you'd like to add?

Over and above the course structure and content, I would like to say that ACNT has demonstrated on a number of occasions that it's an organisation made up of real people that actually do take an interest and care for the students.





Name: David Granata

What course did you study?

Diploma of Sports Injury Therapies, Certificate IV in Massage, Diploma of Sport (Athlete Support Services).

Why did you decide to do your course?

To get into this field and hopefully to get into physiotherapy.

Why did you choose ACNT?

It was recommended to me and the modules being studied in this course sounded interesting and after reading about the College it sounded good.

When you started your course did you have a career in mind?

Yes I wanted to do, and still want to do physiotherapy.

Where do you work?

As a sub-contractor at the International Terminal at Sydney Airport massaging for Turrific Health Services.

What position do you hold?

Massage Therapist.

Do you enjoy your career?

Yes so far so good. I'm enjoying what I do and am getting good feedback off clients.

Would you recommend manual therapies as a career?

Yes definitely, it is a growing industry and very interesting.

What were you doing before you decided to study?

I came straight from school.

How has studying at ACNT changed your life/career direction?

It has moved me closer to my goal and I have earned a qualification whilst doing so.

What do you aim to do in the future?

Study physiotherapy and own my own clinic/practice. If the opportunity arises I would like to work in close relation with a professional sporting team.

What is the best part of your job/career?

Good feedback...when I massage a client the best part is when I receive good feedback, that way I know I've done my job well, and the client is happy. The other great thing is that you can always study more and go forward in your studies.



Name: Natalie Lindenau

What course did you study?

Diploma of Remedial Massage.

Why did you decide to do your course?

I was interested in the natural therapy industry and the Diploma of Remedial Massage was a good course to enter the industry with.

Why did you choose ACNT?

Professionalism and cost effective payment plan.

When you started your course did you have a career in mind?

I wanted to be a Massage Therapist to start with, and then see where that could take me. Since making the decision to become a qualified Remedial Massage Therapist through ACNT, a world of opportunities opened up to me – literally!

What did you do once you finished your course?

Immediately after graduating, I found work alongside a well-respected Physiotherapist in Wollongong. Most of the clientele were football players, amongst private patients, where I acquired 18 months of practical work in mostly sports injuries and deep tissue massage.

After those 18 months, I got the travel bug and stumbled across an advertisement on the Job Finder website of ACNT. It read 'Steiner Cruise Ship Employment in the Spa Industry'. I had heard about cruise ship jobs being hard work with low pay and not much time off. However, there was something about this advert that had an air of class about it and made me think twice. I attended interviews and two weeks later I received a letter in the mail stating I had been successful in my application and could I please commence 12 weeks training in London, England. I was ecstatic!

Did you enjoy your position at Steiner Leisure?

In summary, yes it was hard work, however the sights and experiences made it well worth it.

The highlights of my time on the ship would definitely be experiencing many European countries, Scandinavia, Russia and of course Africa. I can't forget to mention the cruise that was booked out entirely by a very famous person, who then cancelled at the last minute – a non refundable policy at late notice enabled the cruise to be given to the staff, so we enjoyed the facilities of a 6 Star Cruise Ship amongst the Greek Islands to ourselves for 12 days! And thirdly, the amounts of money to be made were definitely in your sights. If you looked after your guests they would tip very generously.

How has studying at ACNT changed your life/career direction?

It gave me the opportunity to travel and see many parts of the world, which in turn, helps develop a person's maturity. I will always be grateful to ACNT for both providing the professional qualifications, and having such a comprehensive 'Job Finder' section on their website. If it were not for this level of professionalism, I'm sure I would not have been considered for a world-class career and found such a wonderful journey to embark upon.

❖❖❖ Diploma of Integrated Body Therapies



ETAL SYST

COURSE CODE: 5BW



Course Information

Nominal Duration:

Fixed Programme:

One year full time

Flexible Delivery:

Consult course advisor

Additional Qualifications Awarded

Nationally Recognised Training Qualifications:

Diploma of Remedial Massage (HLT50302)
(CRICOS Code 044541G)



Certificate IV in Aromatherapy (90626NSW)
(CRICOS Code 054848E)



Additional Information

Complete module list and more detailed information available at www.acnt.edu.au/5BW

Please refer to the key on page 3



What is 'Integrated Body Therapies'?

Integrated Body Therapies encompasses a wide variety of therapies that involve the physical manipulation of the muscles and fascia of the body as well as stimulation of energy flow and organ systems. Such therapies include remedial massage, reflexology, shiatsu, trigger point therapy, and exercise therapy.

This is the most comprehensive course in Integrated Body Therapies on offer in Australia today and is for the student who wants to study a large number of subjects relating to the musculoskeletal system. Students will learn a variety of techniques such as remedial massage, shiatsu, lymphatic drainage, trigger point therapy, aromatherapy, reflexology, exercise therapy, myofascial release and biomechanics.

This course includes the full curriculum of the Diploma of Remedial Massage course from the National Health Training Package HLT02 and graduates receive this qualification in addition to their Diploma of Integrated Body Therapies. Students also complete the full Certificate IV in Aromatherapy curriculum and additionally receive this qualification.

This course is compliant with the national standards for massage practitioners. These standards may be required by some health funds, employers and associations as well as other colleges' and universities' recognition programmes for further study.

The Diploma of Integrated Body Therapies course allows graduates to practice as remedial massage practitioners and has a very high level of recognition with employers in Australia.



Graduates of this course may be eligible to sit ITEC (International Therapy Examination Council) Diploma examinations. Fees are payable. ITEC is a leading UK based accreditation body.

Clinical Training and First Aid

This course requires 200 hours of practical clinical training and the completion of 'Apply Basic First Aid - HLTFA1A'. Please refer to page 10 for more information.

Course Inclusions

Students enrolling in the entire course will receive ACNT's own massage DVD, an ACNT t-shirt that must be worn during clinical training, a container of ACNT massage balm and two towels that must be brought clean to each lecture.

Students paying module by module may purchase these items from 'Nourish - ACNT's Café and Bookstore' or online at www.acnt.edu.au/nourish

All students will receive electronic notes. Printed notes may be purchased from Nourish.

Degree Pathway

Graduates of this course may upgrade to a Bachelor of Health Science (Complementary Medicine) degree through ACNT's arrangement with Charles Sturt University.

Please refer to page 7 for more details.



❖❖❖ Diploma of Remedial Massage and Spa Therapy



COURSE CODE: 5MP



Course Information

Nominal Duration:

Fixed Programme:

One year full time

Flexible Delivery:

Consult course advisor

Additional Qualifications Awarded

Nationally Recognised Training Qualification:

Diploma of Remedial Massage (HLT50302)
(CRICOS Code 044541G)



Additional Information

Complete module list and more detailed information available at www.acnt.edu.au/5MP

Please refer to the key on page 3



What is Remedial Massage and Spa Therapy?

This course is the integration of remedial massage therapy techniques with spa therapy skills to prepare students for an exciting career in the multi billion dollar spa therapy industry. Massage therapists with spa therapy skills are in demand in day spas and medi-spas not only in Australia but internationally.

In addition to completing the full Diploma of Remedial Massage course (refer to page 40) students will learn spa operations, body treatments and a wide range of spa therapy treatments such as Vichy Shower, Indian Ayurvedic head massage, body wraps and scrubs.

ACNT has invested heavily in facilities and equipment specifically for spa therapy training. ACNT's Spa Therapy Training Facility is a 'day spa within a classroom', with floor to ceiling wrap around glass providing an unparalleled training environment for future spa and massage therapists.

Students studying this course will also learn stone therapy, which is a treatment using heated and chilled hand carved stones. Students will learn various massage techniques that can be performed using different stones for added benefits that would not be possible with the therapist's own hands.



Graduates of this course may be eligible to sit ITEC (International Therapy Examination Council) Diploma examinations. Fees are payable. ITEC is a leading UK based accreditation body.

Clinical Training and First Aid

This course requires 150 hours of practical clinical training and the completion of 'Apply Basic First Aid - HLTA1A'. Please refer to page 10 for more information.

Course Inclusions

Students enrolling in the entire course will receive ACNT's own massage DVD, an ACNT t-shirt that must be worn during clinical training, a container of ACNT massage balm and two towels that must be brought clean to each lecture.

Students paying module by module may purchase these items from 'Nourish – ACNT's Café and Bookstore' or online at www.acnt.edu.au/nourish

All students will receive electronic notes. Printed notes may be purchased from Nourish.

Degree Pathways

Graduates of this course may upgrade to a Bachelor of Business Administration degree specialising in Hospitality Management through ACNT's arrangement with the International College of Management, Sydney.

Graduates of this course may also upgrade to a Bachelor of Health Science (Complementary Medicine) degree through ACNT's arrangement with Charles Sturt University.

Please refer to pages 6 and 7 for more details.

❖❖❖ Diploma of Remedial Massage

NTIS CODE HLT50302



COURSE CODE: 5MA

❖❖❖ Course Information

Nominal Duration:

Fixed Programme:

One year full time

Mixed Mode:

One year

Evening and Flexible Delivery:

Consult course advisor

(CRICOS Code 044541G)

Additional Information

Complete module list and more detailed information available at www.acnt.edu.au/5MA

Please refer to the key on page 3



What is Remedial Massage?

Remedial Massage involves the use of massage and a wide range of diagnostic techniques to treat a variety of ailments pertaining to the musculoskeletal system. A remedial massage practitioner has the ability to provide a comprehensive treatment plan based on their ability to determine the underlying cause of many musculoskeletal problems.

Students will be taught to deal with a wide range of musculoskeletal problems utilising basic and advanced massage techniques such as trigger points, sports injury treatments, myofascial release and lymphatic drainage. A strong emphasis is placed on anatomy, basic pathology, as well as symptomatology and diagnosis.

This highly comprehensive course is part of the Nationally Recognised Health Training Package HLT02 and includes the full curriculum of the Certificate IV in Massage course taught at ACNT. This course is compliant with the national standards for massage practitioners and has a very high level of recognition with employers in Australia.



Graduates of this course may be eligible to sit ITEC (International Therapy Examination Council) Diploma examinations. Fees are payable. ITEC is a leading UK based accreditation body.

Clinical Training and First Aid

This course requires 150 hours of practical clinical training and the completion of 'Apply Basic First Aid - HLTFA1A'. Please refer to page 10 for more information.

Course Inclusions

Students enrolling in the entire course will receive ACNT's own massage DVD, an ACNT t-shirt that must be worn during clinical training, a container of ACNT massage balm and two towels that must be brought clean to each lecture.

Students paying module by module may purchase these items from 'Nourish – ACNT's Café and Bookstore' or online at www.acnt.edu.au/nourish

All students will receive electronic notes. Printed notes may be purchased from Nourish.

Upgrade Pathways

Graduates of this course may upgrade to the following qualifications at ACNT, with advanced standing for modules already studied:

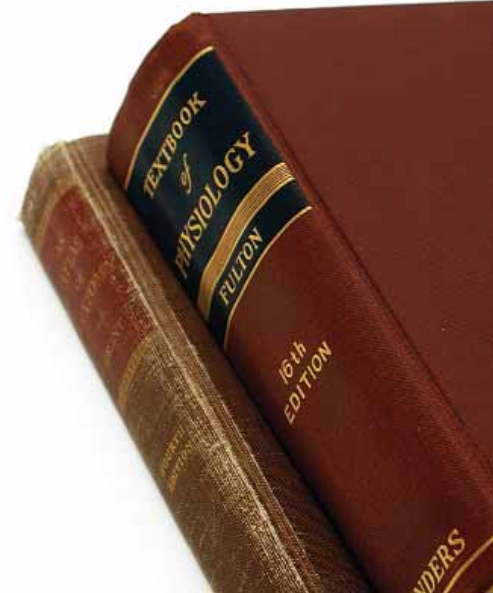
- > Diploma of Remedial Massage and Spa Therapy
- > Diploma of Integrated Body Therapies
- > Diploma of Sport (Athlete Support Services)

Please contact a course advisor for more information.

Degree Pathway

Graduates of this course may upgrade to a Bachelor of Health Science (Complementary Medicine) degree through ACNT's arrangement with Charles Sturt University.

Please refer to page 7 for more details.



❖❖❖ Diploma of Sport (Athlete Support Services)



NTIS CODE SRS50403



COURSE CODE: 5MS



Course Information

Nominal Duration:

Fixed Programme:

One year full time

Flexible Delivery:

Consult course advisor

(CRICOS Code 052763D)

Additional Qualifications Awarded

Nationally Recognised Training Qualification:

Diploma of Remedial Massage (HLT50302)



Additional Information

Complete module list and more detailed information available at www.acnt.edu.au/5MS

Please refer to the key on page 3



What is Diploma of Sport (Athlete Support Services)?

This course is a comprehensive massage qualification and is designed to equip students with the necessary skills to enter the diverse world of sport. Australia is a great sporting nation, consisting of not only the many great athletes but also vast networks of individuals who support the athletes, assisting them in realising their dreams.

In addition to the full curriculum of the Diploma of Remedial Massage, students will learn how to use sports massage across a wide range of sports making this course ideal for aspiring coaches, trainers and sports massage therapists. Students will also learn sports nutrition, sports psychology and sports taping techniques to assist athletes in both the rehabilitation process after an injury and as a means of future injury prevention.

This course also includes sports management which teaches the development, implementation and management of sports programmes and athlete services as well as staff management, project planning, establishing, maintaining and reviewing records, market research and risk analysis.

Students studying this course have the opportunity to work with many exciting organisations and sporting teams. In the past ACNT students have worked with the elite Sydney Swans Football Club and Sydney FC as part of their clinic training. These experiences are invaluable to students in shaping them as sports massage therapists and will prepare them to deal with a diversity of sporting injuries and conditions.



Graduates of this course may be eligible to sit ITEC (International Therapy Examination Council) Diploma examinations. Fees are payable. ITEC is a leading UK based accreditation body.

Clinical Training and First Aid

This course requires 200 hours of practical clinical training and the completion of 'Apply Basic First Aid - HLTA1A'. Please refer to page 10 for more information.

Course Inclusions

Students enrolling in the entire course will receive ACNT's own massage DVD, an ACNT t-shirt that must be worn during clinical training, a container of ACNT massage balm and two towels that must be brought clean to each lecture.

Students paying module by module may purchase these items from 'Nourish - ACNT's Café and Bookstore' or online at www.acnt.edu.au/nourish

All students will receive electronic notes. Printed notes may be purchased from Nourish.

Upgrade Pathways

Graduates of this course may upgrade to the following qualifications at ACNT, with advanced standing for modules already studied:

- > Diploma of Integrated Body Therapies
- > Diploma of Remedial Massage and Spa Therapy

Please contact a course advisor for more information.

Degree Pathways

Graduates of this course may upgrade to either a Bachelor of Clinical Practice (Paramedic) degree or a Bachelor of Health Science (Complementary Medicine) degree through ACNT's arrangement with Charles Sturt University.

Graduates of this course may also upgrade to a Bachelor of Applied Social Science degree through ACNT's arrangement with the Australian College of Applied Psychology.

Please refer to pages 6 and 7 for more details.



❖❖❖ Diploma of Aromatherapy

NTIS CODE 40334SA



COURSE CODE: 5AR

❖❖❖ Course Information

Nominal Duration:

Fixed Programme:

One year full time

Mixed Mode:

One year

Flexible Delivery:

Consult course advisor

(CRICOS Code 052762E)

Additional Qualifications Awarded

Nationally Recognised Training Qualification:

Certificate IV in Massage (HLT40302)



Additional Information

Complete module list and more detailed information available at www.acnt.edu.au/5AR

Please refer to the key on page 3



What is Aromatherapy?

Aromatherapy is the scientific use of pure volatile chemical substances known as 'essential oils'. Essential oils have been prized for their fragrance as well as their restorative effects on the body, mind and spirit for thousands of years.

An aromatherapist is trained in various applications of these essential oils.

This internationally accredited training programme is ideal for those people wishing to become highly qualified clinical practitioners of aromatherapy and is an extension of the Certificate IV in Aromatherapy course.

This course includes advanced training in areas such as aromatherapy for the aged and infirm, pregnancy, labour and infancy and reflexology plus highly specialised subjects covering the advanced clinical application of essential oils and clinical aromatherapy modules dealing with aromatherapy treatment for different organ systems and advanced prescribing techniques.

This is one of the most comprehensive courses in aromatherapy on offer in Australia today.

This course also includes the full curriculum of the Certificate IV in Massage from the National Health Training Package (refer to page 43 for details).

Clinical Training and First Aid

This course requires 170 hours of practical clinical training and the completion of 'Apply Basic First Aid - HLTF1A1'. Please refer to page 10 for more information.

Course Inclusions

Students enrolling in the entire course will receive ACNT's own massage DVD, an ACNT t-shirt that must be worn during clinical training, a container of ACNT massage balm and two towels that must be brought clean to each lecture.

Students paying module by module may purchase these items from 'Nourish – ACNT's Café and Bookstore' or online at www.acnt.edu.au/nourish

All students will receive electronic notes. Printed notes may be purchased from Nourish.

Upgrade Pathways

Graduates of this course may upgrade to other qualifications at ACNT and to a degree through ACNT's arrangement with Charles Sturt University.

Graduates may upgrade to the following qualifications at ACNT, with advanced standing for modules already studied:

- > Diploma of Remedial Massage
- > Diploma of Integrated Body Therapies
- > Diploma of Remedial Massage and Spa Therapy

Please contact a course advisor for more information.

Industry Accreditation



This qualification is accredited by the London-based International Federation of Aromatherapists (IFA) in the

UK allowing recognition of this qualification in a number of countries around the world. Separate examinations are held for the IFA qualification and extra fees may be payable.



Graduates of this course may be eligible to sit ITEC (International Therapy Examination Council) Diploma examinations. Fees are payable. ITEC is a leading UK based accreditation body.





Certificate IV in Aromatherapy

NTIS CODE 90626NSW



COURSE CODE: 4AR



Course Information

Nominal Duration:

Fixed Programme: Fifteen weeks full time

Mixed Mode: One year

Flexible Delivery: Consult course advisor

(CRICOS Code 054848E)

Additional Information

Complete module list and more detailed information available at www.acnt.edu.au/4AR

Please refer to the key on page 3



What is Aromatherapy?

Aromatherapy is the art of using the parts of a plant that produce its distinctive volatile aromatic chemicals, known as 'essential oils', in a wide variety of functions.

An aromatherapist is trained in various applications of these essential oils.

This course provides a broad base in aromatherapy and covers the principles and application of aromatherapy as well as the underlying science. Students will learn the chemistry and pharmacology of essential oils, their actions, indications and contraindications, aromatherapy massage, as well anatomy and physiology, basic pathology and symptomatology.

Clinical Training and First Aid

This course requires 50 hours of practical clinical training and the completion of 'Apply Basic First Aid - HLTA1A'. Please refer to page 10 for more information.

Course Inclusions

Students enrolling in the entire course will receive the same materials as in the Diploma of Aromatherapy course.

Students paying module by module may purchase these items from 'Nourish – ACNT's Café and Bookstore' or online at www.acnt.edu.au/nourish

www.acnt.edu.au/4AR



Certificate IV in Massage



NTIS CODE HLT40302



COURSE CODE: 4MA

Course Information

Nominal Duration:

Fixed Programme: Fifteen weeks full time

Mixed Mode: One year

Flexible Delivery and part time options:

Consult course advisor

(CRICOS Code 044540G)

Additional Information

Complete module list and more detailed information available at www.acnt.edu.au/4MA

Please refer to the key on page 3



What is Massage?

Massage is the process of physical manipulation of muscle tissue resulting in increased blood flow and reduced tension, which in turn leads to greater healing ability, fewer aches and pains and a general sense of health and wellbeing.

This course integrates deep tissue therapeutic massage techniques with sciences including anatomy and physiology, pathology and symptomatology and diagnosis.

This course also covers exercise therapy and includes 100 hours of practical clinical training.

Clinical Training and First Aid

This course requires 100 hours of practical clinical training and the completion of 'Apply Basic First Aid - HLTA1A'. Please refer to page 10 for more information.

Course Inclusions

Students enrolling in the entire course will receive the same materials as in the Diploma of Remedial Massage course.

Students paying module by module may purchase these items from 'Nourish – ACNT's Café and Bookstore' or online at www.acnt.edu.au/nourish

www.acnt.edu.au/4MA





❖ Beauty Therapy

❖ Contents

- 46** Employer Focus
- 48** Student Interviews
- 49** Graduate Interviews
- 50** CIDESCO
- 51** Advanced Diploma of Natural Beauty and Spa Therapy
- 52** Advanced Diploma of Natural Beauty, Spa and Aromatherapy
- 53** Advanced Diploma of Natural Beauty, Spa and Nail Therapy





❖ Top Five Reasons to Study Beauty Therapy at ACNT

1. ACNT leads the market by offering the most comprehensive courses in beauty therapy on offer in Australia. The courses successfully integrates many aspects of natural therapies with traditional beauty therapy, training a new and exceptionally unique generation of therapists.
2. ACNT offers an exceptionally high quality of curriculum with a strong emphasis on the combination of sciences, traditional beauty therapy and natural therapies creating highly educated practitioners who are sought after by the industry's leading companies including Voyages Hotels and Resorts and Steiner Leisure.
3. ACNT is accredited by many highly regarded associations such as CIDESCO, ITEC, IFA and the APAA which are recognised both nationally and internationally. These relationships open up a world of opportunities for ACNT students and graduates.
4. ACNT has invested heavily in dedicated state of the art beauty therapy classrooms where students train in a day spa environment.
5. ACNT places a high emphasis on clinical training. ACNT's Student Training Clinics are second to none with specialist equipment and first class clinical facilities.

Employer Focus

Voyages Hotels and Resorts

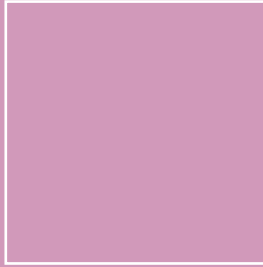


Voyages is a unique Australian travel company offering premium holiday experiences in some of Australia's most remote and breathtaking locations. The company operates award-winning tours and resorts in spectacular natural surroundings from the red heart of Central Australia, the soothing green depths of the Daintree Rainforest, the vibrant colours of the Great Barrier Reef, to the vast canyons and rugged alpine mountains of Tasmania. Voyages is singularly focussed on providing guests with incredible, memorable experiences, which they would not be able to enjoy anywhere else in Australia.

The resorts are located in some of the most sensitive and complex ecosystems of Australia and as such the company has made a commitment to nurture, protect and share these environments and cultural destinations through a sustainable environmental tourism practice and by respect for and support of the local cultures in which it operates.

With Australia's largest range of luxurious resort spas Voyages boasts the greatest number of spa treatment rooms within Australia enabling significant career opportunities for massage, spa and beauty therapists throughout the portfolio of hotels and resorts.

The Voyages lifestyle includes working and playing in some of Australia's most desirable ecotourism environments, some of them located in the heart of designated World Heritage sites or National Parks. Imagine being able to snorkel the Great Barrier Reef, take a camel ride at sunset to Uluru or ride a horse at Cradle Mountain in Tasmania on your day off!



An interview with **Helena Keenan**, Spa Training Manager, **Voyages**

What is your position at Voyages?

My title is Spa Training Manager. It is a Group role and I am responsible for training the spa staff on all seven properties in the use of Sodashi Product and the menu of services at each spa. I also assist in the implementation of customer service standards and recruitment.

What can ACNT graduates expect when starting work with Voyages?

The Voyages ethos is to offer holiday experiences that nurture body, mind and soul. They do this by specialising in resorts or lodges that are located in remote and natural environments allowing guests to experience all the natural beauty that Australia has to offer. Hence, our spa menu reflects this with a focus on pampering and relaxation.

Where can they work?

Our spa facilities are located mainly along the Eastern seaboard of Australia beginning at Heron Island and moving up to Brampton Island, Dunk Island, Bedarra Island, Silky Oaks Lodge (in the Daintree Rainforest), and Lizard Island. Lastly but not least we have a beautiful facility at Cradle Mountain Lodge in Tasmania.

What is the quality of ACNT graduates?

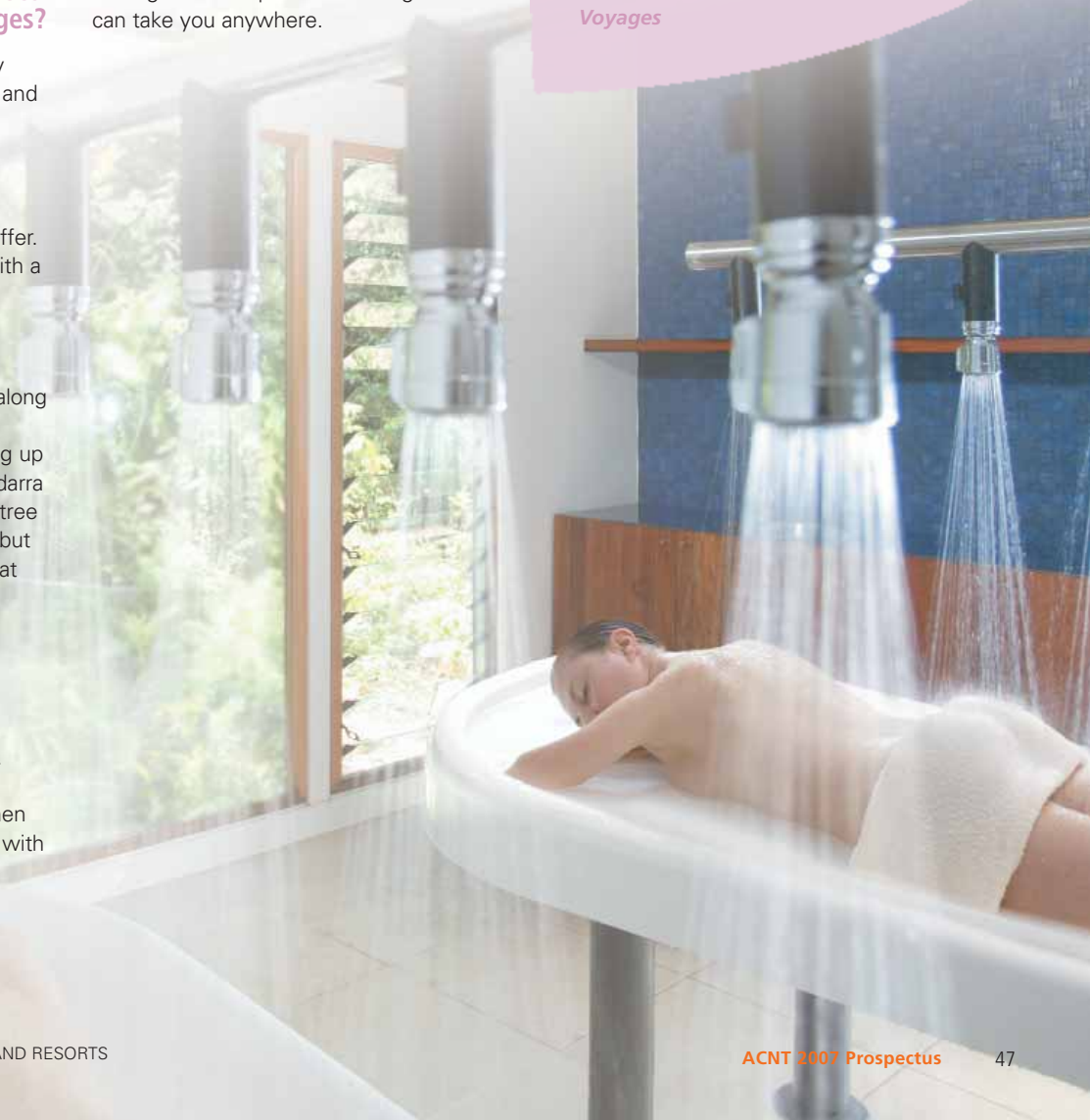
ACNT graduates meet with the very high standards expected of our staff. They always demonstrate a good understanding of what is needed when working in a hospitality environment with a strong customer service focus.

What are the career prospects for graduates?

For those who are interested in furthering their career within the spa industry, working within the Spa Division of Voyages is a wonderful way to get a solid grounding in their practice as a therapist but also to gain a strong knowledge in business management. For those who demonstrate the right leadership qualities there are career paths within Voyages to move up to Spa Supervisor and eventually to Spa Manager. This experience once gained can take you anywhere.

*"Studying at ACNT has changed my life a **huge** amount, I feel that the world is my oyster now! I am well qualified and I am able to **travel** with my work. ACNT has really equipped me for work in a five star resort, the lecturers drill the five star service and **quality** into us and this is invaluable."*

Esther Castell
Spa Therapist, Lizard Island
Voyages



❖ Student Interviews



Name: Maria Caleo

What course are you studying?

Advanced Diploma of Natural Beauty and Spa Therapy.

Why did you decide to do your course?

I have always been interested in the dermal aspect of beauty therapy and the different spa therapies available to help different conditions.

Why did you choose ACNT?

I chose ACNT because it was recommended to me by a friend and I was impressed with the way they conducted the Career Information Evening for those students wanting to enrol in a specific course.

What career do you have in mind when you have completed your course?

I would like to open my own chain of beauty and spa clinics both here and overseas.

Are you enjoying your course?

Indeed I am.

What were you doing before you decided to study?

By trade I am a medical technologist, involved in the pathology aspect.

How has studying at ACNT changed your life/career direction?

ACNT has given me the necessary knowledge to use in the future when I am ready to start my own business. Top lecturers have inspired me to continue and pursue this career path.

What is the best part of studying at ACNT?

Meeting a lot of interesting people and acquiring the right information to assist me in my chosen career.

Is there anything else you'd like to add?

I would like to thank all the beautiful people from ACNT who made my year a very memorable one. From our inspiring Principal, to my helpful Course Advisor, the Marketing Team, all the staff at Nourish, and all of the ACNT Team. They all made my time at ACNT very memorable. Thank you all so very much.



Name: Jasselle Uy

What course are you studying?

Advanced Diploma in Natural Beauty and Spa Therapy.

Why did you decide to do your course?

I have always had an interest in beauty and looking after oneself especially with the use of natural therapies.

Why did you choose ACNT?

ACNT has a prestigious reputation in the industry and is highly regarded as the best college for beauty therapy training with excellent facilities. I wanted to make sure that I was studying with the best the industry has to offer.

What career do you have in mind when you have completed your course?

My dream is set up my own professional day spa with an emphasis on inner health.

Are you enjoying your course?

Yes, very much so – I am definitely enjoying the challenges of study.

What were you doing before you decided to study?

I had enrolled in a number of university courses focusing on languages and I had a couple of part time retail jobs. I eventually discovered that my real interest and passion was in beauty therapy, especially natural approaches to beauty.

How has studying at ACNT changed your life/career direction?

Studying beauty therapy at ACNT has made me realise the importance of inner health. It has also opened my eyes to the endless opportunities available to me in my chosen career.

What is the best part of studying at ACNT?

The best part of studying at ACNT is knowing that I am learning from some of the most knowledgeable and experienced teachers in the industry.

Anything else you'd like to add?

Getting to meet fellow students with interesting and diverse backgrounds adds to the appeal of studying at the ACNT.





Name: Belinda Novak

What course did you study?

Advanced Diploma of Natural Beauty and Nail Therapy.

Why did you decide to do your course?

It has been a lifelong ambition of mine to be a beauty therapist.

Why did you choose ACNT?

My dad suggested I go to ACNT's Career Information Evening and compare colleges. I was actually enrolled at another college and I knew I had to change my enrolment after meeting the staff and seeing how far advanced ACNT is in relation to other beauty colleges. I know I made the right choice.

When you started your course did you have a career in mind?

Most definitely, beauty therapy!

Where do you work?

Tonic Day Spa located inside the Hills Lodge Boutique Hotel, Baulkham Hills, Sydney. I love my job, and my boss! How lucky am I?

What position do you hold?

Beauty Therapist.

Do you enjoy your career?

Absolutely. I love everything about it. Meeting people, the products and the advancement that is always being made in the industry.

Would you recommend beauty therapy as a career?

Yes. If you enjoy meeting people from all walks of life then you'll really enjoy it.

What were you doing before you decided to study?

I worked in retail, telecommunications and sales for over 15 years.

How has studying at ACNT changed your life/career direction?

It has made my dreams a reality. Every day I pinch myself and thank goodness for my good fortune.

What do you aim to do in the future?

Travel overseas with my career, hopefully obtaining work on cruise ships or perhaps come home and build the mobile beauty business I have already kicked off.

What is the best part of your job/career?

Making my clients' days more enjoyable, even if for just a short while. Helping them switch off from their stress and troubles.



Name: Esther Castell

What course did you study?

Advanced Diploma of Natural Beauty and Nail Therapy.

Why did you choose ACNT?

Initially I saw an advertisement in the newspaper and from there I contacted ACNT. It looked like a really great college with excellent facilities. The CIDESCO accreditation was a big drawcard, not to mention ACNT's reputation!

Where do you work?

Voyages Lizard Island resort, Great Barrier Reef, Queensland, Australia.

What position do you hold?

Spa Therapist.

Do you enjoy your career?

Yes, very much so, I love it!

Would you recommend working as a beauty/spa therapist?

Yes, I really would. Lizard Island is such a beautiful place, everyone is just lovely. I've made some wonderful friends!

What were you doing before you decided to study?

I was working as a Production Assistant for a fashion company.

How has studying at ACNT changed your life/career direction?

It has changed my life a huge amount, I feel that the world is my oyster now! I am well qualified and I am able to travel with my work. ACNT has really equipped me for work in a five star resort, the lecturers drill the five star service and quality into us and this is invaluable.



ACNT IS A CIDESCO INTERNATIONAL SCHOOL



CIDESCO Accreditation

In 2003 ACNT was awarded the distinct honour of being named the first natural therapies school in Australia to become a CIDESCO International School.

Founded in 1946 with its head office in Zurich, Switzerland, CIDESCO is represented in over 33 countries and issues the world's most prestigious qualifications in the field of aesthetics and beauty therapy.

CIDESCO International Schools are overseen by CIDESCO to ensure that they adhere to the most rigorous standards of education, assessment and facilities and that graduates are of the highest calibre.

"A sound practical and theoretical education is a prerequisite for the demanding role of the Skin and Healthcare Professional (Beauty Therapist) and ACNT is committed to ensuring that the highest standards are enhanced - for which we congratulate them - always looking ahead."

Helene Bramwell
President
CIDESCO
INTERNATIONAL

International qualifications are supported by industry and are easily transportable both nationally and internationally. Opportunities and advancement possibilities are much greater for CIDESCO Diploma holders and for those who are serious about building a career and not just having a job.

ACNT students have the added advantage of working towards ACNT qualifications, Australian Nationally Recognised Training qualifications as well as their international CIDESCO qualification(s).

ACNT students will automatically sit at least one CIDESCO examination.

CIDESCO Diploma

Many major international employers insist on the CIDESCO Diploma for all therapists in their practices and spas. A CIDESCO Diploma gives graduates a distinct advantage against other practitioners as well as offering instant recognition in dozens of countries around the world.

Students studying any of ACNT's Advanced Diplomas of Natural Beauty Therapy will sit the CIDESCO Diploma examination as part of the course curriculum.

CIDESCO Diploma in Aromatherapy

This additional CIDESCO Diploma aims to broaden a therapist's knowledge in the field of aromatherapy. A therapist with both of these CIDESCO diplomas will be well placed to further their career both locally and internationally.

ACNT students studying the Advanced Diploma of Natural Beauty, Spa and Aromatherapy will sit both the CIDESCO Diploma and the CIDESCO Diploma in Aromatherapy examinations as part of the course curriculum.

CIDESCO Spa Diploma

The CIDESCO Spa Diploma is a prestigious qualification and is one of the first spa qualifications in the world. This diploma raises the level of professionalism in the spa industry.

ACNT students studying the Advanced Diploma of Natural Beauty and Spa Therapy will sit both the CIDESCO Diploma and the CIDESCO Spa Diploma examinations as part of the course curriculum.

Upgrade Opportunities for Graduates

As Australia's foremost natural therapies college, ACNT is able to offer opportunities for beauty therapists to continually upgrade their skills in many new areas that would not be available elsewhere.

Graduates of ACNT's beauty courses will have already completed a number of modules that are common with other courses at ACNT. ACNT beauty therapy graduates can upgrade their qualification to a number of other qualifications, including courses in massage therapy, nutrition, herbal medicine and even naturopathy.



Advanced Diploma of Natural Beauty and Spa Therapy



ACNT IS A CIDESCO
INTERNATIONAL SCHOOL

Incorporating the Diploma of Beauty Therapy
from the National Beauty Training Package

COURSE CODE: 6BP

Course Information

Nominal Duration:

Fixed Programme:

One year full time

Flexible Delivery

and part time options:

Consult course advisor

Additional Qualifications Awarded

Nationally Recognised Training Qualification:

Diploma of Beauty Therapy
(WRB50105)
(CRICOS Code 037712G)



CIDESCO Qualifications:

CIDESCO Diploma

CIDESCO Spa Diploma



Additional Information

Complete module list and more detailed information available at www.acnt.edu.au/6BP

Please refer to the key on page 3



The Advanced Diploma of Natural Beauty and Spa Therapy teaches the use and benefits of natural skin preparations. The course teaches the fundamental beauty therapy techniques such as facials, body wraps, waxing and comprehensively integrates them with reflexology, aromatherapy, massage and lymphatic drainage treatments.

ACNT's most advanced spa course provides the history, practical application and advanced techniques in spa therapy enabling students to gain the world's most prestigious CIDESCO Spa Diploma. Graduates of this programme will become some of the most highly qualified and sought after therapists in Australia and around the world.

Spa Therapy Training

Spa Therapy is a multi billion dollar growth industry not just in Australia but around the world. ACNT has invested heavily in glamorous state of the art facilities for spa therapy training. Advanced spa therapy training is included as an integral part of this course. By gaining expertise in the use of various spa treatments such as stone therapy, hydrotherapy and Indian Ayurvedic head massage, ACNT graduates will have up to the minute skills which will open doors in both the spa and beauty therapy industries.

Clinical Training and First Aid

This course requires 210 hours of practical clinical training and the completion of 'Apply Basic First Aid - HLTA1A'. Please refer to page 10 for more information.

Course Inclusions

Students enrolling in the entire course will receive a comprehensive beauty therapy kit including an ACNT uniform jacket, a text book, manicure and pedicure instruments, nail enhancement instruments, brushes, sponges,

a make-up cape, head band, two large towels and three small towels. The CIDESCO examinations are also included in the fixed course cost.

Students paying module by module may purchase these items from 'Nourish – ACNT's Café and Bookstore' or online at www.acnt.edu.au/nourish and must pay the CIDESCO examination fees separately.

All students will receive electronic notes. Printed notes may be purchased from Nourish.

Industry Accreditation



This course leads to the world's most prestigious qualifications in the field of aesthetics and beauty therapy, the CIDESCO Diploma and the CIDESCO Spa Diploma.



This course also leads to the ITEC (International Therapy Examination Council) Diploma, a leading UK based accreditation body. The ITEC Diploma is required by some employers, particularly in the UK, Japan and South Africa.

Separate examinations are held for CIDESCO and ITEC diplomas. Extra fees are payable for students wishing to sit the ITEC examination. However CIDESCO fees are included in the ACNT fixed course cost.

Degree Pathway

Graduates of this course may upgrade to Australia's first spa and hospitality management pathway; a Bachelor of Business Administration degree specialising in Hospitality Management through ACNT's arrangement with the International College of Management, Sydney.

Please refer to page 6 for more details.

What is Natural Beauty and Spa Therapy?

Natural beauty and spa therapy is an integration of all the aspects of beauty therapy with a holistic approach to individual health and wellbeing. Using ACNT's vast resources and knowledge of human health and natural therapies this course teaches beauty therapists to be professionals able to assist their clients, not only with beauty and spa treatments, but also with a wide repertoire of natural therapy advice and treatments.



Advanced Diploma of Natural Beauty, Spa and Aromatherapy



ACNT IS A CIDESCO
INTERNATIONAL SCHOOL

Incorporating the **Diploma of Beauty Therapy** from the National Beauty Training Package



COURSE CODE: 6BA

Course Information

Nominal Duration:

Fixed Programme:

One year full time

Flexible Delivery

and part time options:

Consult course advisor

Additional Qualifications Awarded

Nationally Recognised Training Qualifications:

Diploma of Beauty Therapy (VRB50105)

(CRICOS Code 037712G)



CIDESCO Qualification:

CIDESCO Diploma



CIDESCO Diploma in Aromatherapy

Additional Information

Complete module list and more detailed information available at www.acnt.edu.au/6BA

Please refer to the key on page 3



What is Natural Beauty, Spa and Aromatherapy?

Natural beauty, spa and aromatherapy is a combination of three complementary modalities, natural beauty therapy, spa therapy and aromatherapy. Natural beauty and spa therapy is an integration of all the aspects of beauty therapy with a holistic approach to individual health and wellbeing.

Using ACNT's vast resources and knowledge of human health and natural therapies this course teaches beauty therapists to be professionals able to assist their clients, not only with beauty and spa treatments, but also with a wide repertoire of natural therapy advice and treatments specialising in aromatherapy.

This course teaches the use and benefits of natural skin preparations and the fundamental beauty therapy techniques such as facials, body wraps and exfoliation. All of this is comprehensively integrated with natural therapies such as massage and lymphatic drainage treatments and of course a solid grounding in aromatherapy.

Aromatherapy is the art of using the parts of a plant that produce its distinctive volatile aromatic chemicals, known as 'essential oils', in a wide variety of functions. This additional CIDESCO Diploma aims to broaden a therapist's knowledge in the field of aromatherapy.

Students who are particularly interested in aromatherapy are able to easily upgrade to the Diploma of Aromatherapy.

Spa Therapy Training

Spa Therapy is a multi billion dollar growth industry not just in Australia but around the world. ACNT has invested heavily in glamorous state of the art facilities for spa therapy training.

By gaining expertise in the use of various spa treatments such as stone therapy, hydrotherapy and Indian Ayurvedic head massage, ACNT graduates will have up to the minute skills which will open doors in both the spa and beauty therapy industries.

Clinical Training and First Aid

This course requires 210 hours of practical clinical training and the completion of 'Apply Basic First Aid - HLTFA1A'. Please refer to page 10 for more information.

Course Inclusions

Students enrolling in the entire course will receive a comprehensive beauty therapy kit including an ACNT uniform jacket, a text book, manicure and pedicure instruments, nail enhancement instruments, brushes, sponges, a make-up cape, head band, two large towels and three small towels. The CIDESCO examinations are also included in the fixed course cost.

Students paying module by module may purchase these items from 'Nourish – ACNT's Café and Bookstore' or online at www.acnt.edu.au/nourish and must pay the CIDESCO examination fees separately.

All students will receive electronic notes. Printed notes may be purchased from Nourish.

Industry Accreditation



This course leads to the world's most prestigious qualifications in the field of aesthetics and beauty therapy, the CIDESCO Diploma and the CIDESCO Diploma in Aromatherapy.



This course also leads to the ITEC (International Therapy Examination Council) Diploma, a leading UK based accreditation body. The ITEC Diploma is required by some employers, particularly in the UK, Japan and South Africa.

Separate examinations are held for CIDESCO and ITEC diplomas. Extra fees are payable for students wishing to sit the ITEC examination.

Degree Pathway

Graduates of this course may upgrade to Australia's first spa and hospitality management pathway; a Bachelor of Business Administration degree specialising in Hospitality Management through ACNT's arrangement with the International College of Management, Sydney.

Please refer to page 6 for more details.



Advanced Diploma of Natural Beauty, Spa and Nail Therapy



ACNT IS A CIDESCO
INTERNATIONAL SCHOOL

Incorporating the Diploma of Beauty Therapy and Certificate III in Nail Technology from the National Beauty Training Package

COURSE CODE: 6BN

Course Information

Nominal Duration:

Fixed Programme:
One year full time

Flexible Delivery
and part time options:
Consult course advisor

Additional Qualifications Awarded

Nationally Recognised Training Qualifications:

Diploma of Beauty Therapy (WRB50105)
(CRICOS Code 037712G)



Certificate III in Nail Technology (WRB30204)
(CRICOS Code 039889K)



CIDESCO Qualification:
CIDESCO Diploma



Additional Information

Complete module list and more detailed information available at www.acnt.edu.au/6BN

Please refer to the key on page 3



What is Natural Beauty, Spa and Nail Therapy?

Natural beauty, spa and nail therapy is a combination of beauty treatments such as facial treatments, exfoliation, masks, wraps and nail therapy as well as the more traditional treatments such as manicures, pedicures and waxing.

This course combines three very popular and complementary modalities, natural beauty, spa therapy and nail technology, integrating natural therapy treatments such as aromatherapy, massage and reflexology.

Graduates of this programme will become some of the most highly qualified and sought after therapists in Australia.

As Australia's leading natural therapies college ACNT authoritatively teaches the important science components such as anatomy, physiology, natural nutrition and aromatic chemistry and pharmacology.

Employers and other sources in the natural beauty industry world wide have indicated that this combination of therapies, together with ACNT's exceptional level of education, gives ACNT graduates a distinct advantage in the marketplace.

Spa Therapy Training

Spa Therapy is a multi billion dollar growth industry not just in Australia but around the world. ACNT has invested heavily in glamorous state of the art facilities for spa therapy training. By gaining expertise in the use of various spa treatments such as stone therapy, hydrotherapy and Indian Ayurvedic head massage, ACNT graduates will have up to the minute skills which will open doors in both the spa and beauty therapy industries.

Clinical Training and First Aid

This course requires 260 hours of practical clinical training and the completion of 'Apply Basic First Aid - HLTA1A'. Please refer to page 10 for more information.

Course Inclusions

Students enrolling in the entire course will receive a comprehensive beauty therapy kit including an ACNT uniform jacket, a text book, manicure and pedicure instruments, nail enhancement instruments, brushes, sponges, a make-up cape, head band, two large towels and three small towels. The CIDESCO examination is also included in the fixed course cost.

Students paying module by module may purchase these items from 'Nourish – ACNT's Café and Bookstore' or online at www.acnt.edu.au/nourish and must pay the CIDESCO examination fees separately.

All students will receive electronic notes. Printed notes may be purchased from Nourish.

Industry Accreditation



This course leads to the world's most prestigious qualification in the field of aesthetics and beauty therapy, the CIDESCO Diploma.



This course also leads to the ITEC (International Therapy Examination Council) Diploma, a leading UK based

accreditation body. The ITEC Diploma is required by some employers, particularly in the UK, Japan and South Africa.

Separate examinations are held for CIDESCO and ITEC diplomas. Extra fees are payable for students wishing to sit the ITEC examination. However CIDESCO fees are included in the ACNT fixed course cost.

Degree Pathway

Graduates of this course may upgrade to Australia's first spa and hospitality management pathway; a Bachelor of Business Administration degree specialising in Hospitality Management through ACNT's arrangement with the International College of Management, Sydney.

Please refer to page 6 for more details.





Distance Education



Distance Education Course Facilities and Support

ACNT recognises that not all students are able to attend classes on campus or at the times available. This may be due to geography, health issues or work commitments. For these reasons ACNT offers courses by distance education using the 'directed learning' model.

The 'directed learning' model is where students receive a study guide which walks them through their course. This study guide becomes the 'virtual lecturer' directing students through each lesson. ACNT has made every effort to ensure that distance education students really feel part of the ACNT community.

Both in-house and distance education students comprise people from all walks of life and from all parts of the world.

ACNT's distance education students have access to ACNT's world class course facilities and support. Students can contact ACNT at any time from anywhere in the world by email, telephone, fax or mail with one single point of contact.

Due to the timely nature of electronic correspondence and for the ease of students, distance education students are strongly encouraged to have access to an Internet connected computer.

Students choose to study distance education at ACNT for the following reasons:

- > ACNT's distance education courses and modules are equivalent to ACNT's on campus courses and offer an exceptionally high quality of curriculum with a strong emphasis on sciences, creating highly educated practitioners who are sought after by the industry's leading companies.
- > ACNT has degree pathways to established Australian universities enabling students and graduates to further their education.
- > ACNT uses the 'directed learning' model to assist students with distance education studying.
- > ACNT students studying naturopathy will gain additional qualifications in nutrition, western herbal medicine, homoeopathy and iridology ensuring that graduates are highly educated in all modalities of natural medicine.
- > ACNT distance education students can complete an entire qualification without attending campus for any part of the course, including clinical training.
- > ACNT's distance education students have access to world class course facilities and outstanding support:
- > Students can contact ACNT at any time from anywhere in the world by email, telephone, fax or mail with one single point of contact.





- > ACNT provides Internet bulletin boards in the 'Online Café' that allow students and ACNT's Distance Education Division to interact in an open forum.
- > ACNT offers a Study Support Service which enables distance education students to contact a dedicated tutor should they require additional assistance with their course.
- > ACNT has a Student Portal which allows students to check their academic records, fee balances or to change their contact details over the Internet from anywhere in the world. The Student Portal enables students to gain access to information faster than ever before without waiting for invoices or academic transcripts to arrive in the mail.
- > Students may purchase course notes, books, product, uniforms and merchandise via ACNT's Online Store.
- > ACNT offers an Online Student Centre which is a central point of contact and contains a variety of areas including the ACNT Study Support Service, the Online Café, seminars and special events information, the ACNT Student Portal, the ACNT Distance Education Portal as well as links to professional associations, libraries, magazines, journals and the online ACNT Store.
- > All course notes are included.

Contents

- 56** Graduate Interview
- 57** Advanced Diploma of Naturopathy
- 58** Advanced Diploma of Western Herbal Medicine
- 58** Advanced Diploma of Homoeopathy
- 59** Advanced Diploma of Applied Science (Nutrition)
- 60** Diploma of Nutrition
- 61** Certificate IV in Aromatherapy
- 62** Advanced Certificate in Nutritional Sciences
- 62** Postgraduate Advanced Certificate in Sports Nutrition
- 63** Advanced Certificate in Iridology / Certificate in Iridology



Gina Evans

What course did you study?

I studied the Diploma of Nutrition by distance education.

Why did you decide to do this course?

I have always been interested in nutrition as I have always battled with controlling my weight. I also believe in using food as medicine and preventing future illness by keeping a healthy diet. Until I studied this course I wasn't sure what "healthy" was! I'm happy to say now I do understand diet and it has helped me to get control of my own issues with food.

Why did you choose ACNT?

I originally started out with another college, however after feeling dissatisfied with their service I found ACNT. ACNT were so helpful with all the questions I had, the decision to leave my former college was easy. Since then another friend of mine has also moved over from the other college to join ACNT.

What were you doing before you decided to study?

I worked with disabled people for a company that specialised in helping people with brain injuries. I also worked as a waitress for a while. I was never satisfied with my work, even though I did feel compassion for my clients, I always felt that something was missing. I realised that I wasn't passionate about what I was doing so I did some soul searching to find my true calling. I knew it would be health related as I always had an interest in the human body. In the end I decided upon nutrition.

How did you find the course?

When I made the decision to study I was worried that I may have trouble as I hadn't studied at this level of education before. I was mostly concerned about the science subjects like Chemistry and Anatomy and Physiology. Once I got started I was pleasantly surprised to find that if I put in the effort it required I always did well. Now that I have completed the Diploma, I feel so proud to have accomplished this, especially as I look back and remember the fear of failure I once had.

How has your life changed since studying?

Oh where do I start? I've learned so much about the human body, about myself and about life in general. I have shed just over 40 kilograms in body fat and totally transformed as a result. I don't think I would have been able to lose weight healthily without having the knowledge I gained from studying. I have learned how to set realistic goals for myself and see them through. I now know what I am capable of achieving, anything! I have noticed an improvement in every area of my life since I started this course.

What is the best part about studying at ACNT?

The best part of studying with ACNT is without a doubt having the staff from the College to help you with anything you may need. I found the Distance Education Manager, Amy, and the tutor Leah to be such a help. I couldn't have done it without their support. Any time I needed assistance they were there. They were always prompt in their replies to my emails and phone calls. It never seemed to be a hassle for them to be of help to me. I felt completely comfortable in asking for assistance. I always feel a certain satisfaction after learning something new. The course notes that are written for distance education are fantastic too. They make it so much easier to understand the material rather than relying on textbooks alone.

What do you intend to do with your qualification?

I have just registered my new business, Weightloss Plus - www.weightlossplus.com.au Obviously from the name you can see I would like to specialise in weight loss. I believe with the Diploma of Nutrition and the personal experience I have of losing weight healthily, I will be able to help others with their own transformation. I have a website where people can get general information regarding healthy weight loss so they can also make some changes. Over the next twelve months I plan on studying to become a personal trainer and complete the remaining subjects to get the Bachelor of Health Science (Complementary Medicine) degree through ACNT's degree pathways. There is still so much I want to learn, I will probably never stop studying.





Advanced Diploma of Naturopathy

NTIS CODE HLT60502



NSW Vocational
Education & Training
Accredited Provider

COURSE CODE: 6NP



Course Information

Nominal Duration:

Three years

(Students may take up to two years to complete each 'proposed' year of study)

Qualifications Awarded

Nationally Recognised
Training Qualifications:

Advanced Diploma of Naturopathy
(HLT60502)

Advanced Diploma of Western
Herbal Medicine (HLT60102)

Advanced Diploma of
Homoeopathy (HLT60602)

Diploma of Nutrition (40112SA)



Additional Information:

This course is the distance education version of the Advanced Diploma of Naturopathy. The distance education version of this course is completely interchangeable with the on campus version.

Complete module list and more detailed information available at www.acnt.edu.au/DE6NP

Please refer to the key on page 3



What is Naturopathy?

Naturopathy is an umbrella term that encompasses many forms of complementary and natural medicine modalities. A naturopath is a person who practices several of these forms or modalities and who also has a solid grounding in the medical sciences. The three major modalities within naturopathy are nutrition, homoeopathy and herbal medicine.

ACNT trained naturopaths are holistic practitioners who throughout this course will gain extensive knowledge in a variety of health sciences including chemistry, biochemistry, pathology, symptomatology, diagnosis and pharmacology. In addition to these health sciences a wide range of natural therapies subjects such as herbal medicine, nutrition, homoeopathy, iridology and other naturopathic modalities are also taught ensuring that ACNT graduates are highly regarded professionals.

Upon successful completion of this course graduates will be awarded the following qualifications: the Advanced Diploma of Naturopathy, the Advanced Diploma of Western Herbal Medicine, the Advanced Diploma of Homoeopathy and the Diploma of Nutrition.

Suggested Programme of Study

Students may start by enrolling in one or more of the modules, provided that any prerequisites are satisfied. Please visit our website for more information.

Clinical Training and First Aid

Please contact a course advisor for clinic hours. This course requires the completion of 'Apply Basic First Aid - HLTFA1A'. Please refer to page 10 for more information. For distance education students outside the Sydney Metropolitan Area please contact the Distance Education Division to make alternative arrangements for clinical training.



Course Facilities and Support

ACNT's distance education courses are highly suitable for students who are unable to attend on campus study due to health issues, work commitments or simple geography. ACNT's distance education students are very much part of the ACNT student community and have access to ACNT's world class facilities and support (refer to page 54). In addition students may contact ACNT at any time from anywhere in the world by telephone, email, fax or mail, with one dedicated contact for all queries.

Degree Pathway

Graduates of this course may upgrade to a Bachelor of Health Science (Complementary Medicine) degree through ACNT's arrangement with Charles Sturt University.

Please refer to page 7 for more details.

"The best part of studying with ACNT is without a doubt having the staff from the college to help you with anything you may need."

Gina Evans
ACNT Graduate



Advanced Diploma of Western Herbal Medicine

NTIS CODE HLT60102



COURSE CODE: 6HM

Course Information:

Nominal Duration:

Three years

(Students may take up to two years to complete each 'proposed' year of study)

Additional Information:

This course is the distance education version of the Advanced Diploma of Western Herbal Medicine.

Complete module list and more detailed information at www.acnt.edu.au/DE6HM

Please refer to the key on page 3



www.acnt.edu.au/DE6HM

What is Herbal Medicine?

Herbalists are trained in the use of herbal medicines using a combination of hundreds of years of experience and modern scientific methods to help promote health and restore balance in disease. Herbalists believe that using complex herbs rather than isolated constituents ensures a much more effective and holistic treatment.

Suggested Programme of Study

Students may start by enrolling in one or more of the modules, provided that any prerequisites are satisfied. Please visit our website for more information.

Clinical Training and First Aid

This course requires 250 hours of practical clinical training and the completion of 'Apply Basic First Aid - HLTA1A'.

Please refer to page 10 for more information. For distance education students outside the Sydney Metropolitan Area please contact the Distance Education Division to make alternative arrangements for clinical training.

Course Facilities and Support

ACNT's distance education students are very much part of the ACNT student community and have access to ACNT's world class facilities and support (refer to page 54).

Degree Pathway

Graduates of this course may upgrade to a Bachelor of Health Science (Complementary Medicine) degree through ACNT's arrangement with Charles Sturt University.

Please refer to page 7 for more details.

Advanced Diploma of Homoeopathy

NTIS CODE HLT60602



What is Homoeopathy?

The central theme of homoeopathy is the principal of 'similia similibus curantur' which translates as 'like cures like'. Homoeopathy is a system of medicine that works by giving patients a dilute dose of a substance that in a cruder form would cause symptoms similar to that which the patient is experiencing. Homoeopathy has been used successfully on humans as well as animals.

Suggested Programme of Study

Students may start by enrolling in one or more of the modules, provided that any prerequisites are satisfied. Please visit our website for more information.

Clinical Training and First Aid

This course requires 250 hours of practical clinical training and the completion of 'Apply Basic First Aid - HLTA1A'. Please refer to page 10. For students outside the Sydney Metro Area please contact the Distance Education Division to make alternative arrangements for clinical training.

Course Facilities and Support

ACNT's distance education students are very much part of the ACNT student community and have access to ACNT's world class facilities and support (refer to page 54).

Degree Pathway

Graduates of this course may upgrade to a Bachelor of Health Science

COURSE CODE: 6HO

Course Information:

Nominal Duration:

Three years

(Students may take up to two years to complete each 'proposed' year of study)

Additional Information:

This course is the distance education version of the Advanced Diploma of Homoeopathy.

Complete module list and more detailed information at www.acnt.edu.au/DE6HO

Please refer to the key on page 3



(Complementary Medicine) degree through ACNT's arrangement with Charles Sturt University.

Please refer to page 7 for more details.



Advanced Diploma of Applied Science (Nutrition)



NTIS CODE 40111SA



COURSE CODE: 6NU



Course Information:

Nominal Duration:

Two years

(Students may take up to two years to complete each 'proposed' year of study)

Additional Information:

This course is the distance education version of the Advanced Diploma of Applied Science (Nutrition) course.

Complete module list and more detailed information available at www.acnt.edu.au/DE6NU

Please refer to the key on page 3



What is Nutrition?

Natural nutrition is an understanding of the metabolic pathways involved in the breakdown of ingested nutrients and how many disease states may be prevented by correcting the deficiency state using diet and vitamin, mineral and amino acid supplements.

This course is a more comprehensive version of the Diploma of Nutrition course with more advanced training in nutrition and diet related fields, health sciences, and diagnostics as well as treatment modalities.

Some of the additional areas covered include nutritional management in renal, cardiovascular, gastrointestinal, endocrine and immune disorders, palliative care, pregnancy and paediatrics; diagnostic laboratory techniques, iridology, additional symptomatology and diagnosis modules as well as counselling. The additional treatment modalities include Bach Flowers, Australian Bushflowers and Schuessler Tissue Salts.

Suggested Programme of Study

Students may start by enrolling in one or more of the modules, provided that any prerequisites are satisfied. Please visit our website for more information.

Clinical Training and First Aid

This course requires 250 hours of practical clinical training and the completion of 'Apply Basic First Aid - HLTF1A1'. Please refer to page 10 for more information. For distance education students outside the Sydney Metropolitan Area please contact the Distance Education Division to make alternative arrangements for clinical training.

Course Facilities and Support

ACNT's distance education courses are highly suitable for students who are unable to attend on campus study due to health issues, work commitments or simple geography. ACNT's distance education students are very much part of the ACNT student community and have access to ACNT's world class facilities and support (refer to page 54). In addition students may contact ACNT at any time from anywhere in the world by telephone, email, fax or mail, with one dedicated contact for all queries.

Upgrade Pathways

Graduates of this course may upgrade to other qualifications at ACNT and to a degree through ACNT's arrangement with Charles Sturt University.

Graduates may upgrade to the following qualifications at ACNT, with advanced standing for modules already studied:

- > Advanced Diploma of Naturopathy
- > Advanced Diploma of Western Herbal Medicine
- > Advanced Diploma of Homoeopathy

Please contact a course advisor for more information.

Degree Pathway

Graduates of this course may upgrade to a Bachelor of Health Science (Complementary Medicine) degree through ACNT's arrangement with Charles Sturt University.

Please refer to page 7 for more details.



••• Diploma of Nutrition

NTIS CODE 40112SA



COURSE CODE: 5NU

••• Course Information:

Nominal Duration:

Two years

(Students may take up to two years to complete each 'proposed' year of study)

Additional Information:

This course is the distance education version of the Diploma of Nutrition. The distance education version of this course is completely interchangeable with the on campus version.

Complete module list and more detailed information available at www.acnt.edu.au/DE5NU

Please refer to the key on page 3



What is Nutrition?

Natural nutrition is an understanding of the metabolic pathways involved in the breakdown of ingested nutrients and how many disease states may be prevented by correcting the deficiency using diet and vitamin, mineral and amino acid supplements.

This course encompasses many aspects of natural nutrition and is designed to give graduates a thorough understanding of the human body in health and disease. It also involves the impact of nutritional intervention on the maintenance of health.

Students will gain a comprehensive scientific and traditional understanding of holistic nutrition through the study of human sciences such as anatomy, physiology, pathology, pharmacology, nutritional and dietary concepts. This together with clinical experience will enable students to apply nutritional assessment, dietary and supplemental intervention at a professional level.

Suggested Programme of Study

Students may start by enrolling in one or more of the modules, provided that any prerequisites are satisfied. Please visit our website for more information.

Clinical Training and First Aid

This course requires 100 hours of practical clinical training and the completion of 'Apply Basic First Aid - HLTFA1A'. Please refer to page 10 for more information. For distance education students outside the Sydney Metropolitan Area please contact the Distance Education Division to make alternative arrangements for clinical training.

Course Facilities and Support

ACNT's distance education courses are highly suitable for students who are unable to attend on campus study due to health issues, work commitments or simple geography. ACNT's distance education students are very much part of the ACNT student community and have access to ACNT's world class facilities and support (refer to page 54). In addition students may contact ACNT at any time from anywhere in the world by telephone, email, fax or mail, with one dedicated contact for all queries.

Upgrade Pathways

Graduates of this course may upgrade to other qualifications at ACNT and to a degree through ACNT's arrangement with Charles Sturt University. Graduates may upgrade to the following qualifications at ACNT, with advanced standing for modules already studied:

- > Advanced Diploma of Applied Science (Nutrition)
- > Advanced Diploma of Naturopathy

Please contact a course advisor for more information.

Degree Pathway

Graduates of this course may upgrade to a Bachelor of Health Science (Complementary Medicine) degree through ACNT's arrangement with Charles Sturt University.

Please refer to page 7 for more details.





Certificate IV in Aromatherapy

NTIS Code 90626NSW



COURSE CODE: 4AR



Course Information:

Nominal Duration:

Fixed Programme:

Fifteen weeks

(Distance education students are given twice the nominal duration to complete the course)

Additional Information:

This course is the distance education version of the Certificate IV in Aromatherapy. The distance education version of this course is completely interchangeable with the on campus version.

Complete module list and more detailed information available at www.acnt.edu.au/DE4AR

Please refer to the key on page 3



Suggested Programme of Study

Students may start by enrolling in one or more of the modules, provided that any prerequisites are satisfied. Please visit our website for more information.

Clinical Training and First Aid

This course requires 50 hours of practical clinical training and the completion of 'Apply Basic First Aid - HLTF1A1'. Please refer to page 10 for more information. For distance education students outside the Sydney Metropolitan Area please contact the Distance Education Division to make alternative arrangements for clinical training.

Course Facilities and Support

ACNT's distance education courses are highly suitable for students who are unable to attend on campus study due to health issues, work commitments or simple geography. ACNT's distance education students are very much part of the ACNT student community and have access to ACNT's world class facilities and support (refer to page 54). In addition students may contact ACNT at any time from anywhere in the world by telephone, email, fax or mail, with one dedicated contact for all queries.



What is Aromatherapy?

Aromatherapy is the art of using the parts of a plant that produce its distinctive volatile aromatic chemicals, known as 'essential oils', in a wide variety of functions. An aromatherapist is trained in various applications of these essential oils.

This course provides a broad base in aromatherapy. The course covers the principles and application of aromatherapy as well as the underlying science. Students will learn the principles and history of aromatherapy, the chemistry and pharmacology of essential oils, their actions, indications and contraindications, aromatherapy massage, as well as anatomy and physiology, basic pathology and symptomatology.

Industry Accreditation



This qualification is accredited by the London-based International Federation of Aromatherapists (IFA) allowing recognition of this qualification in a number of countries around the world.

Separate examinations are held for the IFA qualifications. Extra fees may be payable directly to this organisation.



Advanced Certificate in Nutritional Sciences



COURSE CODE: 2NU



Course Information

Nominal Duration:

Fixed Programme:
Fifteen weeks

(Distance education students are given twice the nominal duration to complete the course)

Additional Information

This course is the distance education version of the Advanced Certificate in Nutritional Sciences.

Complete module list and more detailed information at www.acnt.edu.au/DE2NU

Please refer to the key on page 3



www.acnt.edu.au/DE2NU

What is 'Nutritional Sciences'?

This course is suitable for graduates of other professional courses who believe that a grounding in basic naturopathic nutrition would complement their other therapies. It is also designed for those students who require a knowledge of nutrition for the purpose of working within the health improvement industry, e.g. health food stores, health resorts, aerobic exercise centres and gymnasiums.

The course principally covers carbohydrates, proteins and fats, digestion, absorption and metabolism, advantages and disadvantages of the many foods people eat and diets for both therapeutic and everyday use.

Students who wish to become a fully qualified nutritionist will need to complete the Advanced Diploma of Applied Science (Nutrition).

Suggested Programme of Study

Students may start by enrolling in one or more of the modules, provided that any prerequisites are satisfied. Please visit our website for more information.

Course Facilities and Support

ACNT's distance education courses are highly suitable for students who are unable to attend on campus study due to health issues, work commitments or simple geography. ACNT's distance education students are very much part of the ACNT student community and have access to ACNT's world class facilities and support (refer to page 54). In addition students may contact ACNT at any time from anywhere in the world by telephone, email, fax or mail, with one dedicated contact for all queries.

Postgraduate Advanced Certificate in Sports Nutrition

COURSE CODE: RSN



Course Information

Nominal Duration:

Flexible Delivery
(Please consult a course advisor)

Additional Information

Complete module list and more detailed information available at www.acnt.edu.au/DERSN

Please refer to the key on page 3



www.acnt.edu.au/DERSN

What is Sports Nutrition?

This course has been designed for manual therapists, nutritionists and naturopaths who work with athletes and other sports people.

Practitioners will learn advanced anatomy and physiology as well as human exercise physiology, chemistry and biochemistry. This will enable practitioners to understand the importance of organic and inorganic molecules in a person's diet and how they are assimilated into the human body.

Additionally practitioners will learn the advanced concepts of sports nutrition and how to assess a nutritional or herbal product and gauge its efficiency in achieving the desired results for the athlete.

Suggested Programme of Study

Students may start by enrolling in one or more of the modules, provided that any prerequisites are satisfied. Please visit our website for more information.

Course Facilities and Support

ACNT's distance education courses are highly suitable for students who are unable to attend on campus study due to health issues, work commitments or simple geography. ACNT's distance education students are very much part of the ACNT student community and have access to ACNT's world class facilities and support (refer to page 54). In addition students may contact ACNT at any time from anywhere in the world by telephone, email, fax or mail, with one dedicated contact for all queries.



**COURSE CODE: 2IR (ADV CERT)
1IR (CERT)**



Course Information

Nominal Duration:

Six months

(Distance education students are given twice the nominal duration to complete the course)

Additional Information

These courses are the distance education version of the Advanced Certificate in Iridology and the Certificate in Iridology and are both completely interchangeable with the on campus version.

Complete module lists and more detailed information available at www.acnt.edu.au/DE2IR or www.acnt.edu.au/DE1IR

Please refer to the key on page 3



What is Iridology?

Iridology is a form of diagnosis using the iris of the eye. The colours and markings of the iris reflect the state of the body making iridology a very useful diagnostic tool. Most naturopaths and allied health professionals use iridology when looking for areas of potential health weaknesses in a client; often something seen in the eye will confirm a diagnosis or suggest a new path of investigation.

At ACNT iridology is based on the Australian and German systems. Students will learn topics such as the history and principles of iridology, anatomy and physiology of the eye and associated structures, cause and interpretation of iris colours and the identification and interpretation of iris-sclera and pupil signs.

Suggested Programme of Study

Students may start by enrolling in one or more of the modules, provided that any prerequisites are satisfied. Please visit our website for more information.

Course Facilities and Support

ACNT's distance education courses are highly suitable for students who are unable to attend on campus study due to health issues, work commitments or simple geography. ACNT's distance education students are very much part of the ACNT student community and have access to ACNT's world class facilities and support (refer to page 54). In addition students may contact ACNT at any time from anywhere in the world by telephone, email, fax or mail, with one dedicated contact for all queries.

Upgrade Pathways

Graduates may upgrade to the following qualifications at ACNT, with advanced standing for modules already studied:

- > Advanced Diploma of Naturopathy

Please contact a course advisor for more information.



❖ Terms and Conditions

Terms and Conditions

'College' means Australasian College of Natural Therapies Pty. Ltd.

'Student' or 'Students' means any person enrolled in a course at The College, whether they are a student attending face-to-face classes or studying by distance education.

1) A student shall not be entitled to qualify for a College diploma or certificate or award by reason of enrolment, or attendance, or satisfactory examination results and the final determination of a Student's qualification for the College's diploma, certificate or other award shall be entirely within the discretion of the College Board. In the exercise of its discretion the College Board shall have regard to:

- a) Whether in the opinion of the College Board academic and technical skills have been obtained to a satisfactory degree;
- b) Whether in the opinion of the College Board a student will be a suitable member of the profession (and in this the College Board shall have specific regard to the Student's behaviour and character);
- c) Whether all academic, administrative and financial obligations to the College have been satisfied by the student;
- d) A Student's right of audience and right to make submissions before the College Board

A student shall have a right of appeal against a determination of the College Board not to award him or her the College's diploma, certificate or award to the College Board of Appeal and such right must be exercised within seven (7) days of suspension or expulsion.

2) A student may be suspended or expelled from the College at any time and the determination to suspend or expel shall be at the absolute discretion of the College Board. In the exercise of its discretion the College Board shall have regard to:

- a) Whether all fees have been paid up to date;
- b) Whether the Student has upheld and maintained the College's rules and regulations as set out in the Protocols and Procedures for Students;
- c) Whether the Student has engaged in misconduct;
- d) A student's right of audience and right to make submissions before the College Board

3) No Student may diagnose, prescribe or practice unless under College supervision or with written College approval until fully qualified in their chosen professional course. Graduates of short courses are not eligible for professional association accreditation.

4) The College reserves the right to alter any information included in this Prospectus or any other document the College may publish from time-to-time including course structure and curricula, course offerings, pricing, module structure, module offerings, terms and conditions.

5) The College may choose, at its discretion, to not offer a course or a module at any time or discontinue offering a course or module in progress without notice. The College will not be liable for a Student's inability to complete a qualification in this event nor will the College be responsible for other costs the Student may have incurred as a result of the course or module being discontinued.

6) By enrolling in a course at The College, Students agree to be bound by all terms and conditions in this Prospectus and in the Protocols and Procedures for Students both as may be amended from time-to-time. The Protocols and Procedures for Students are available for download from www.acnt.edu.au or from The College.

7) All durations mentioned in this Prospectus are nominal durations and are based on enrolment in February 2007 and may be subject to change without notice. Please check the latest copy of Nourish or visit www.acnt.edu.au for more information.

Late Payment Penalty

Fees paid later than the due date will incur a Late Payment Fee which, at the time of printing, is 10% of the overdue amount. Students who do not pay their fees on time will not be admitted to classes or be able to sit examinations. Students who are seriously delinquent with their fees may face expulsion. Please note that it is the student's responsibility to ensure that ACNT has received fees due. A Statement of Account is available from the Student Finance Officer at any time or using the ACNT Student Portal.



Enrolment Form

A SEPARATE ENROLMENT FORM MUST BE COMPLETED FOR EACH COURSE



57 Foveaux St, Surry Hills, NSW 2010 Australia PO Box K1356, Haymarket, NSW 1240, Australia
Phone 02 9218 8888 Fax 02 9281 4411 Email info@acnt.edu.au Web www.acnt.edu.au

PLEASE ENSURE ALL DETAILS ARE COMPLETED TO AVOID DELAYS IN PROCESSING

FAMILY NAME:		GIVEN NAME(S):	
STUDENT NUMBER: (LEAVE BLANK IF YOU ARE A NEW STUDENT)			
STREET ADDRESS:			
SUBURB:		STATE:	POSTCODE:
COUNTRY: (IF OUTSIDE AUSTRALIA)			
PHONE (H):		PHONE (W):	
PHONE (MOBILE):		EMAIL ADDRESS:	
OCCUPATION:		DATE OF BIRTH:	
<input type="checkbox"/> MALE <input type="checkbox"/> FEMALE			
EMERGENCY CONTACT NAME:			PHONE:
HOW DID YOU HEAR ABOUT ACNT?			

PLEASE PROVIDE THE FOLLOWING DETAILS IF YOU ARE ENROLLING AS AN OVERSEAS STUDENT

COUNTRY OF CITIZENSHIP:		COUNTRY OF BIRTH:	
PASSPORT NUMBER:		COUNTRY OF ISSUE:	EXPIRY DATE:

COURSE TO BE STUDIED:			
COURSE CODE (COMPLETE ONLY ONE)		PROFESSIONAL COURSE:	SHORT COURSE/MODULE:
SESSION:		COMMENCEMENT DATE:	
<input type="checkbox"/> DAY	<input type="checkbox"/> EVENING	<input type="checkbox"/> MIXED MODE	<input type="checkbox"/> DISTANCE EDUCATION <input type="checkbox"/> FLEXIBLE DELIVERY

RECOGNITION OF PRIOR LEARNING (RPL)

DO YOU REQUIRE RPL? YES NO

RPL Policy: Students may apply to ACNT for recognition of any relevant courses or subjects undertaken at ACNT or at other institutions. Requests for RPL will not be considered once a course or subject has started except in the case of late enrolment. Students seeking an RPL are required to complete the RPL section on this enrolment form and the ACNT RPL form (available from the Student Centre of the ACNT website or from the ACNT Campus). No financial credit will be given for RPL.

IF YOU WISH TO ENROL AS A FLEXIBLE DELIVERY STUDENT, PLEASE CONTACT A COURSE ADVISOR TO ARRANGE ENROLMENT INTO INDIVIDUAL MODULES

PAYMENT METHOD PLEASE TICK (✓) ONE BOX ONLY (PLEASE REFER TO PAGE 12 IN THE ACNT PROSPECTUS)

1. PREPAY AND SAVE 2. ANNUAL OR FULL COURSE PAYMENT 3. SEMESTER PAYMENT 4. PAY WHILE YOU STUDY 5. MODULE BY MODULE PAYMENT

If you are unsure which options are available to you, please contact a course advisor. For Prepay and Save or Pay While You Study a separate form must be completed. These forms are available from ACNT or may be downloaded at www.acnt.edu.au

IF YOU ARE ENROLLING BY FAX AND PAYING A DEPOSIT, OR ARE USING PAYMENT OPTION 2, 3 OR 5 ABOVE, PLEASE SUPPLY CREDIT CARD NUMBER AND TICK (✓) CARD USED

CARD TYPE: Visa Mastercard

CARD NUMBER:

EXPIRY DATE:

AMOUNT TO BE DEBITED: \$

SIGNATURE:

PLEASE TURN OVER



PRIVACY

The information contained on this enrolment form is collected by the College in order to provide you with services and/or products, to communicate with you and to communicate with nominated people in the event of an accident and/or emergency. This information is collected in accordance with our Privacy Policy which is available from the College or at www.acnt.edu.au

REFUND POLICY

Any request for a refund must be made on a Request for Refund form which is available from the College. The form may be lodged in person at the College or sent by mail to Australasian College of Natural Therapies, PO Box K1356, Haymarket, NSW 1240, Australia.

In the event of a student deciding against commencing a course or withdrawing prior to the completion of the course the following refund policy will apply:

- Where the Request for Refund form is received at the College 28 days or more prior to the commencement date of the course, 80% of the course fees paid will be refunded less the enrolment fee and deposit. The refund will be paid within four weeks of the date the Request for Refund form is received.
- Where the Request for Refund form is received at the College less than 28 days prior to the commencement date of the course or after the commencement date of the course, the course fees paid (including the enrolment fee and deposit) will be non-refundable.

Where a student studies on-campus the commencement date of the course is considered to be the first day of the delivery of the course.

Where a student's studies include delivery by distance education the commencement date of the course is considered to be the date that their materials are despatched from the College.

In the event that a student does not commence a course due to sickness or personal crises or commences a course and due to sickness or personal crises cannot continue, that student may be given due consideration for a partial refund once they have outlined their reasons in writing to the Managing Director. Any such refund is at the discretion of the Managing Director. Substantiating evidence may be required. If a refund is approved, the refund will be paid within four weeks of the date the request is received.

Where the College cancels or is otherwise unable to continue to deliver a course which has already begun but before it is completed, does not start a course on the agreed starting day or a course is not provided in full because a sanction has been imposed on the College, all of the course fees paid to the College for that part of the course which has not been delivered will be refunded in accordance with the ESOS Act 2000 and ESOS Regulations 2001. This refund will be paid within two weeks of the date of cancellation.

All refunds will be paid to the person who originally paid the course fees.

The College will provide the student with a written statement detailing how the refund amount has been calculated.

This refund policy does not remove the right to take further action under Australia's consumer protection laws. The College's Grievances and Appeals Policy and Procedures do not circumscribe the student's right to pursue other legal remedies.

SCHOOL AGE DEPENDANTS (INTERNATIONAL STUDENTS ONLY)

If you are intending to come to Australia with school age dependants, you will be required to pay the full fees for their schooling at either a government or non-government school.

CONTACT DETAILS

Please contact the College immediately if you change any details on this form.

For international students, it is a requirement of your student visa that you advise the College immediately if you change your Australian contact details. Where a student fails to satisfy course requirements relating to attendance or academic performance, the College is required to send a notice informing the student of this to the student's last known residential address. If this address is not up to date, automatic student visa cancellation could occur without the knowledge of the student. Such cancellation may not be revoked if it has occurred where the student has failed to keep the College informed of their address.

Change of Address forms are available from the College or www.acnt.edu.au Change of address can also be made on the Student Portal.

AGREEMENT

I, _____ UNDERSTAND AND AGREE TO THE FOLLOWING:

- I understand and agree that fees paid to Australasian College of Natural Therapies Pty. Ltd. ('the College') are refundable only in accordance with the College's Refund Policy, as may be amended from time to time
- I agree to comply with the Terms and Conditions as in the Prospectus and as in the Student Policies and Procedures
- I have read and understood and agree to comply with the Recognition of Prior Learning Policy.
- I have read and understood and agree to comply with the Student Policies and Procedures, a copy of which is available from the College or www.acnt.edu.au
- As part of my course requirements I will be involved in and participate in class activities with staff, other students and guest lecturers of the College
- I release and hold harmless the College, its principals, staff, servants and agents in respect to any property loss or personal injury that I may sustain whilst participating in my course or attending the College howsoever caused

STUDENT'S SIGNATURE: _____

DATE: _____

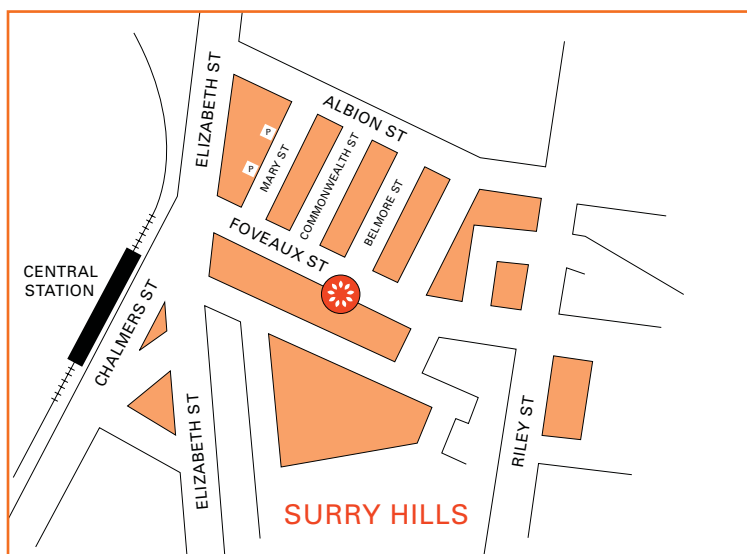
OFFICE USE ONLY

COURSE ADVISOR:	COURSE COST: \$	DEPOSIT PAID: \$
STUDENT NUMBER:	ENROLMENT FEE: <input type="checkbox"/> YES <input type="checkbox"/> NO	RECEIPT NO.:
PAYMENT DATE: / /	OVERSEAS STUDENT: <input type="checkbox"/> YES <input type="checkbox"/> NO	PAYMENT METHOD:



❖ “The doctor of the future will give no medicine, but will interest his patients in the care of the human frame, in diet and in the cause and prevention of disease.”

Thomas Edison



ACNT Surry Hills

57 Foveaux Street
Surry Hills NSW 2010
Tel: (02) 9218 8888
Fax: (02) 9281 4411
www.acnt.edu.au
E-Mail: info@acnt.edu.au



ACNT Wellness Centre

20 Glebe Point Road
Glebe NSW 2037
Tel: (02) 9660 0677
Fax: (02) 9660 0198
www.acnt.edu.au
E-Mail: clinic@acnt.edu.au



57 Foveaux Street, Surry Hills, NSW 2010 Australia
PO Box K1356, Haymarket, NSW 1240 Australia
T: (02) 9218 8888 F: (02) 9281 4411
www.acnt.edu.au info@acnt.edu.au

07